1  
00:00:02,200 --> 00:00:04,640  
好，各位师友同仁啊  
  
2  
00:00:04,640 --> 00:00:07,760  
那么我们继续咱们金匮要略的讲授  
  
3  
00:00:08,300 --> 00:00:10,340  
呃，过了这么一个春节啊  
  
4  
00:00:10,420 --> 00:00:12,940  
那么呃，大伙儿状态也都不错  
  
5  
00:00:13,380 --> 00:00:17,980  
咱们就接着继续学习的这个路上啊  
  
6  
00:00:18,060 --> 00:00:18,740  
接着走  
  
7  
00:00:19,140 --> 00:00:22,100  
咱们上次呢，讲到了痰饮咳嗽病这一篇  
  
8  
00:00:22,260 --> 00:00:23,700  
相应的几张方啊  
  
9  
00:00:23,740 --> 00:00:26,060  
木方几类方等，咱们今天呢  
  
10  
00:00:26,220 --> 00:00:28,570  
接着从后往下，铝  
  
11  
00:00:29,170 --> 00:00:30,930  
那么从小半夏汤开始啊  
  
12  
00:00:31,170 --> 00:00:32,710  
继续，呃  
  
13  
00:00:32,910 --> 00:00:37,790  
同学们，我们看一下痰饮咳嗽这一篇第28条啊  
  
14  
00:00:38,590 --> 00:00:39,310  
小半夏汤  
  
15  
00:00:40,420 --> 00:00:43,260  
他这个条文开篇说了这么一个事  
  
16  
00:00:43,890 --> 00:00:47,690  
藕加本可渴止为欲解今反不可心下有知饮故也  
  
17  
00:00:47,690 --> 00:00:49,570  
小半夏汤主之啊  
  
18  
00:00:50,150 --> 00:00:53,990  
那么这块他的逻辑啊，讲了什么呢  
  
19  
00:00:54,870 --> 00:00:55,270  
偶加  
  
20  
00:00:55,950 --> 00:00:59,560  
那么这个藕加呀，指的咱们都知道  
  
21  
00:00:59,600 --> 00:01:01,000  
伤寒也好，金匮也罢  
  
22  
00:01:01,000 --> 00:01:03,480  
我们有很多这个家，对吧  
  
23  
00:01:03,520 --> 00:01:04,519  
包括客啊  
  
24  
00:01:04,599 --> 00:01:07,800  
客就是客人的客家，就是一家人的家  
  
25  
00:01:08,600 --> 00:01:10,640  
呃，那么偶加是什么概念  
  
26  
00:01:10,640 --> 00:01:11,720  
先简单解释一下  
  
27  
00:01:11,720 --> 00:01:15,180  
因为这个我们有部分同学可能对伤寒不熟啊  
  
28  
00:01:15,540 --> 00:01:17,580  
那么直接来听的金贵的课  
  
29  
00:01:18,020 --> 00:01:18,220  
呃  
  
30  
00:01:18,340 --> 00:01:19,380  
那么在咱们伤寒  
  
31  
00:01:19,660 --> 00:01:22,180  
也就是东汉末年的时候，我们用语的习惯  
  
32  
00:01:22,700 --> 00:01:25,140  
什么什么家，什么什么家啊  
  
33  
00:01:25,540 --> 00:01:29,340  
那么它指的是这一类人群啊  
  
34  
00:01:29,340 --> 00:01:30,180  
这一类人群  
  
35  
00:01:30,950 --> 00:01:31,150  
呃  
  
36  
00:01:31,550 --> 00:01:35,390  
那么我们今天的汉语跟跟东汉末年的时候不太一样  
  
37  
00:01:35,390 --> 00:01:37,500  
我们今天比如说艺术家，对吧  
  
38  
00:01:37,820 --> 00:01:38,020  
哎  
  
39  
00:01:38,060 --> 00:01:40,460  
那么是在艺术上有建树的人啊  
  
40  
00:01:40,950 --> 00:01:42,390  
那么汉代的时候  
  
41  
00:01:42,390 --> 00:01:46,230  
东汉末年他什么什么家指的是这一类人群啊  
  
42  
00:01:46,730 --> 00:01:47,890  
那么比如说疮甲  
  
43  
00:01:48,970 --> 00:01:49,290  
对吧  
  
44  
00:01:49,530 --> 00:01:50,330  
那身上长疮  
  
45  
00:01:50,930 --> 00:01:53,080  
那你不能说它在长疮  
  
46  
00:01:53,680 --> 00:01:55,360  
长得有建树是不是啊  
  
47  
00:01:55,360 --> 00:01:56,440  
那你那样讲不合适  
  
48  
00:01:56,680 --> 00:01:57,960  
他就是这一类人群  
  
49  
00:01:57,960 --> 00:02:01,010  
或者是速换疮疡疾病的人群  
  
50  
00:02:01,330 --> 00:02:02,850  
那么偶加指的是什么呢  
  
51  
00:02:03,130 --> 00:02:04,490  
就这个人平素呢  
  
52  
00:02:04,810 --> 00:02:07,050  
他就喜欢就经常恶心啊  
  
53  
00:02:07,170 --> 00:02:08,090  
讲这么一个概念  
  
54  
00:02:08,410 --> 00:02:12,090  
平素就经常会有遇偶的状态  
  
55  
00:02:12,790 --> 00:02:14,750  
那么如果是这样的人  
  
56  
00:02:14,830 --> 00:02:17,230  
他说了偶加本可啊，这块呢  
  
57  
00:02:17,230 --> 00:02:19,550  
我们要怎么去理解他啊  
  
58  
00:02:20,770 --> 00:02:23,050  
呃，不是说这个呕吐呃  
  
59  
00:02:23,210 --> 00:02:26,410  
喜呕的人本来就应该渴啊  
  
60  
00:02:26,730 --> 00:02:27,850  
他这讲的是什么呢  
  
61  
00:02:28,050 --> 00:02:32,190  
这个呕的人患有可证啊  
  
62  
00:02:32,230 --> 00:02:34,390  
健可证，那么健可证呢  
  
63  
00:02:34,630 --> 00:02:35,510  
他说为什么  
  
64  
00:02:35,790 --> 00:02:37,910  
可啊，这后头说了一句话  
  
65  
00:02:38,990 --> 00:02:41,870  
呃，渴者为为什么  
  
66  
00:02:42,400 --> 00:02:44,400  
御姐，咱们都知道呃  
  
67  
00:02:44,560 --> 00:02:45,920  
御姐是什么意思啊  
  
68  
00:02:46,200 --> 00:02:46,760  
很简单  
  
69  
00:02:47,200 --> 00:02:50,480  
御就是即将或者说趋势对吧  
  
70  
00:02:50,840 --> 00:02:52,160  
那趋势于什么呢  
  
71  
00:02:52,620 --> 00:02:54,180  
解解就是什么  
  
72  
00:02:54,180 --> 00:02:56,660  
我们讲这个解除啊  
  
73  
00:02:57,430 --> 00:02:59,630  
那么趋向于解除什么  
  
74  
00:02:59,630 --> 00:03:00,550  
趋向解除啊  
  
75  
00:03:00,870 --> 00:03:01,950  
疾病是吧  
  
76  
00:03:02,700 --> 00:03:06,700  
那么可就说明这个疾病趋向于什么  
  
77  
00:03:06,860 --> 00:03:08,100  
趋向于解除了  
  
78  
00:03:09,340 --> 00:03:09,540  
呃  
  
79  
00:03:09,580 --> 00:03:12,660  
那么为啥偶的人可会趋向解除呢  
  
80  
00:03:12,660 --> 00:03:15,420  
这个简单的给大家稍稍解释一下  
  
81  
00:03:15,730 --> 00:03:15,930  
呃  
  
82  
00:03:16,130 --> 00:03:18,090  
从古人的六气来说  
  
83  
00:03:18,490 --> 00:03:21,050  
我们讲这个阳明主燥土  
  
84  
00:03:21,210 --> 00:03:22,650  
太阴主湿土，对吧  
  
85  
00:03:23,080 --> 00:03:23,280  
哎  
  
86  
00:03:23,280 --> 00:03:25,680  
那么咱们说一个非常简单的例子  
  
87  
00:03:26,000 --> 00:03:26,800  
那么胃呢  
  
88  
00:03:26,960 --> 00:03:28,800  
由于它是燥土，所以他喜润  
  
89  
00:03:29,550 --> 00:03:30,950  
那么脾由于是湿土  
  
90  
00:03:30,950 --> 00:03:32,310  
所以他喜什么  
  
91  
00:03:32,970 --> 00:03:33,650  
喜燥嘛  
  
92  
00:03:33,730 --> 00:03:34,650  
咱们经常讲这问题  
  
93  
00:03:34,650 --> 00:03:36,690  
经常说人脾湿脾湿，对吧  
  
94  
00:03:37,010 --> 00:03:39,380  
你很少听说有人喂食啊  
  
95  
00:03:39,380 --> 00:03:41,900  
经常我们说这人脾脾又脾虚  
  
96  
00:03:41,900 --> 00:03:43,260  
之后就容易有湿邪啊  
  
97  
00:03:43,260 --> 00:03:45,260  
那没事就健脾就利湿  
  
98  
00:03:45,260 --> 00:03:46,180  
健脾就利湿，对吧  
  
99  
00:03:46,180 --> 00:03:47,540  
他俩都是拴一块的  
  
100  
00:03:47,830 --> 00:03:48,030  
呃  
  
101  
00:03:48,030 --> 00:03:48,910  
相反，胃呢  
  
102  
00:03:48,910 --> 00:03:50,910  
比较喜欢滋润啊  
  
103  
00:03:50,990 --> 00:03:51,910  
胃不喜欢燥  
  
104  
00:03:52,430 --> 00:03:53,470  
呃，我有学生呢  
  
105  
00:03:53,510 --> 00:03:56,030  
家是呃，贵州的啊  
  
106  
00:03:56,070 --> 00:03:57,750  
之后说在他们老家呢  
  
107  
00:03:57,950 --> 00:03:59,190  
有一次我们在一块吃饭  
  
108  
00:03:59,990 --> 00:04:01,470  
我学生说我，我先不动筷  
  
109  
00:04:01,470 --> 00:04:02,070  
我说为什么  
  
110  
00:04:02,070 --> 00:04:05,230  
他说我得先喝口汤，不喝汤不吃饭啊  
  
111  
00:04:05,310 --> 00:04:06,150  
很多地方呢  
  
112  
00:04:06,510 --> 00:04:09,510  
呃，饮食习惯就是他吃饭之前先喝一点汤  
  
113  
00:04:09,990 --> 00:04:12,240  
为什么这个就先润一下胃啊  
  
114  
00:04:12,240 --> 00:04:14,680  
所以说古人讲就胃为燥土  
  
115  
00:04:15,040 --> 00:04:18,000  
那么燥气发动实际上就是胃气发动  
  
116  
00:04:18,600 --> 00:04:19,360  
呕的人啊  
  
117  
00:04:19,640 --> 00:04:21,800  
突然间渴说明什么问题  
  
118  
00:04:21,800 --> 00:04:23,920  
说明他的胃气在发抖啊  
  
119  
00:04:23,920 --> 00:04:24,920  
我们就讲这个问题  
  
120  
00:04:25,320 --> 00:04:26,240  
因此在这呢  
  
121  
00:04:27,370 --> 00:04:29,250  
呃，我再次的强调一个问题  
  
122  
00:04:29,770 --> 00:04:34,130  
如果仅仅从这个我们说症状来讲啊  
  
123  
00:04:34,130 --> 00:04:35,330  
这个层面来讲啊  
  
124  
00:04:35,890 --> 00:04:38,280  
那么有呃呃  
  
125  
00:04:38,400 --> 00:04:40,640  
很多症状，我们就说临床上咱们怎么治  
  
126  
00:04:41,040 --> 00:04:42,840  
凡是症状都是问题，对不对  
  
127  
00:04:43,260 --> 00:04:44,780  
但是我经常给大家讲一个问题  
  
128  
00:04:44,780 --> 00:04:46,540  
叫来龙去脉啊，这个概念  
  
129  
00:04:46,860 --> 00:04:50,500  
你从疾病本身的传导、发生和传递来讲  
  
130  
00:04:50,970 --> 00:04:52,370  
不要见到所有症状  
  
131  
00:04:52,370 --> 00:04:55,210  
你都觉得觉得这个症状是不好的啊  
  
132  
00:04:55,450 --> 00:04:56,890  
比如我们在讲伤寒论的时候  
  
133  
00:04:57,050 --> 00:04:58,290  
当时我讲过一个问题  
  
134  
00:04:58,570 --> 00:04:59,610  
那么呃  
  
135  
00:05:00,830 --> 00:05:02,830  
比如你你你在邵阳  
  
136  
00:05:02,870 --> 00:05:04,830  
是不是一个邵阳的柴胡症  
  
137  
00:05:05,110 --> 00:05:06,310  
那么你用了柴胡汤之后  
  
138  
00:05:06,310 --> 00:05:08,070  
如果这个人出现了口渴的现象  
  
139  
00:05:08,570 --> 00:05:10,170  
那么这是啥事呢  
  
140  
00:05:10,810 --> 00:05:12,490  
其实好事，对吧  
  
141  
00:05:12,490 --> 00:05:13,370  
咱们同学知道了  
  
142  
00:05:13,370 --> 00:05:14,650  
那因为他往阳明走了  
  
143  
00:05:14,650 --> 00:05:19,450  
阳明就是造的阳明为什么为魏家所以放在这依然适用  
  
144  
00:05:19,810 --> 00:05:22,410  
我们说不能看见一个患者出现了  
  
145  
00:05:22,570 --> 00:05:24,450  
在服了汤药之后出现了某种症状  
  
146  
00:05:24,450 --> 00:05:26,000  
你就先慌了啊  
  
147  
00:05:26,000 --> 00:05:27,360  
你说这个是不是治错了  
  
148  
00:05:27,360 --> 00:05:28,040  
不一定啊  
  
149  
00:05:28,240 --> 00:05:29,680  
你要从这条路上去看  
  
150  
00:05:30,120 --> 00:05:34,280  
那从这条路上去看偶的人胃气发动是好事还是坏事啊  
  
151  
00:05:34,440 --> 00:05:37,880  
他是好事，说明他胃气怎么样在健运在发动  
  
152  
00:05:38,340 --> 00:05:42,060  
那么这个渴者为御姐就说了这个问题啊  
  
153  
00:05:42,460 --> 00:05:46,740  
那么津津就是就是当下对吧  
  
154  
00:05:47,180 --> 00:05:49,860  
当下反反而怎么样了呢  
  
155  
00:05:49,860 --> 00:05:50,260  
不可  
  
156  
00:05:50,780 --> 00:05:54,700  
那么因此，仲景先师用一个白描式的手法  
  
157  
00:05:55,200 --> 00:05:59,680  
把这个小半夏汤证的人的状态就描述得非常清楚了  
  
158  
00:05:59,920 --> 00:06:02,160  
就是这个人不但恶心，而且渴不渴  
  
159  
00:06:03,330 --> 00:06:04,170  
不可啊  
  
160  
00:06:04,210 --> 00:06:06,330  
那么这个就非常的清晰啊  
  
161  
00:06:08,540 --> 00:06:11,180  
你你也可以解释为偶加然后不可  
  
162  
00:06:11,300 --> 00:06:14,660  
是不是这样的人就是小半夏汤的人啊  
  
163  
00:06:14,660 --> 00:06:16,150  
因此有的时候，呃  
  
164  
00:06:16,150 --> 00:06:18,070  
在这咱也讲讲方程对应啊  
  
165  
00:06:18,070 --> 00:06:19,240  
有的时候，呃  
  
166  
00:06:19,240 --> 00:06:20,920  
有些老师我们在一起交流啊  
  
167  
00:06:21,240 --> 00:06:24,680  
说这个小半夏汤是不是所有的呃胃反呕吐  
  
168  
00:06:25,050 --> 00:06:26,810  
或者是呕逆之症全能治  
  
169  
00:06:27,170 --> 00:06:29,770  
其实这个汤你用上之后好用不好用  
  
170  
00:06:30,130 --> 00:06:34,150  
或者说它有没有直接的解决这个问题啊  
  
171  
00:06:34,150 --> 00:06:36,430  
就是从这个这个直接切进来  
  
172  
00:06:36,830 --> 00:06:37,030  
呃  
  
173  
00:06:37,150 --> 00:06:39,030  
那么我们其实要切的准  
  
174  
00:06:40,050 --> 00:06:41,450  
关键点不在偶加  
  
175  
00:06:41,970 --> 00:06:42,730  
而在什么  
  
176  
00:06:43,220 --> 00:06:43,980  
在可与不可  
  
177  
00:06:44,220 --> 00:06:45,180  
这个大家明白了吧  
  
178  
00:06:45,340 --> 00:06:46,940  
因为藕加用小半夏汤  
  
179  
00:06:46,940 --> 00:06:48,300  
大家都知道是不是  
  
180  
00:06:48,500 --> 00:06:50,460  
但是你可能往往忽略了一个问题  
  
181  
00:06:50,700 --> 00:06:51,620  
就是可与不可  
  
182  
00:06:52,030 --> 00:06:53,110  
那么这个可与不可呢  
  
183  
00:06:53,110 --> 00:06:54,990  
其实他说的是不是  
  
184  
00:06:54,990 --> 00:06:55,590  
可呢  
  
185  
00:06:56,140 --> 00:06:58,820  
还不是后头又有一句话啊  
  
186  
00:06:58,820 --> 00:06:59,340  
叫什么呢  
  
187  
00:06:59,980 --> 00:07:01,260  
心下怎么样啊  
  
188  
00:07:01,750 --> 00:07:03,590  
有知隐故也  
  
189  
00:07:04,070 --> 00:07:04,270  
哎  
  
190  
00:07:04,270 --> 00:07:05,590  
这个我曾经给大家讲过  
  
191  
00:07:05,590 --> 00:07:09,910  
我们长春这一系的伤寒的这个字解法对吧  
  
192  
00:07:10,190 --> 00:07:14,910  
那么出现虽然者，已故也啊  
  
193  
00:07:15,390 --> 00:07:19,230  
就这一类字眼，就是他仲景先是自己给自己做注  
  
194  
00:07:19,550 --> 00:07:21,110  
那么这个地方就是做注了  
  
195  
00:07:21,550 --> 00:07:27,490  
他用了五个字来注明了偶加不可的原因  
  
196  
00:07:27,530 --> 00:07:29,210  
为啥既恶心还不可  
  
197  
00:07:29,610 --> 00:07:33,490  
因为心下有什么有知音啊  
  
198  
00:07:33,850 --> 00:07:34,850  
咱们给大家讲过  
  
199  
00:07:34,930 --> 00:07:36,330  
银有四种，还记得吧  
  
200  
00:07:36,860 --> 00:07:38,380  
谈玄之意是不是啊  
  
201  
00:07:38,700 --> 00:07:38,900  
哎  
  
202  
00:07:38,900 --> 00:07:40,300  
那么知隐呢  
  
203  
00:07:40,740 --> 00:07:41,900  
呃，我们讲啊  
  
204  
00:07:42,910 --> 00:07:44,990  
这个所谓的新夏啊  
  
205  
00:07:45,070 --> 00:07:46,910  
我们现在在新夏，新夏什么地方啊  
  
206  
00:07:47,710 --> 00:07:51,540  
胃晚，说白了就是胃里头有瘾邪啊  
  
207  
00:07:51,580 --> 00:07:52,340  
胃里有隐邪  
  
208  
00:07:52,660 --> 00:07:57,420  
那么嗯，他在这个胃的部位造成了胃气不能速降  
  
209  
00:07:57,820 --> 00:07:58,820  
那么人就恶心  
  
210  
00:07:59,530 --> 00:08:01,530  
反胃，打嗝等等啊  
  
211  
00:08:01,570 --> 00:08:02,930  
鹅逆偶冶  
  
212  
00:08:03,490 --> 00:08:05,850  
那么与此同时，由于这里头有隐斜  
  
213  
00:08:06,440 --> 00:08:08,640  
所以水气蓄于中  
  
214  
00:08:08,760 --> 00:08:10,840  
那这个人今夜没有好伤  
  
215  
00:08:10,880 --> 00:08:11,800  
他渴不渴呢  
  
216  
00:08:12,630 --> 00:08:13,670  
他不可啊  
  
217  
00:08:13,710 --> 00:08:16,990  
所以叫偶加反不可啊  
  
218  
00:08:16,990 --> 00:08:19,560  
或者叫说叫偶加不可，是什么原因啊  
  
219  
00:08:19,800 --> 00:08:20,560  
心下有指引  
  
220  
00:08:20,840 --> 00:08:23,400  
当然偶加不可四个字是我提炼出来的啊  
  
221  
00:08:23,570 --> 00:08:25,330  
用原文来说，原文不是这么讲的  
  
222  
00:08:25,330 --> 00:08:26,930  
叫偶加本可对吧  
  
223  
00:08:26,970 --> 00:08:27,930  
渴者为玉戒  
  
224  
00:08:28,170 --> 00:08:28,930  
今反不可  
  
225  
00:08:29,530 --> 00:08:31,970  
那么原文说的非常的细啊  
  
226  
00:08:32,090 --> 00:08:35,130  
那么大家要把这个捋清楚，呃  
  
227  
00:08:35,169 --> 00:08:36,890  
因此这个小半夏汤呢  
  
228  
00:08:36,970 --> 00:08:39,650  
它的临证的应用非常多啊  
  
229  
00:08:39,730 --> 00:08:40,650  
可以说非常广  
  
230  
00:08:40,929 --> 00:08:42,049  
在临证的时候呢  
  
231  
00:08:42,090 --> 00:08:45,070  
很多顽固性的这个呕逆  
  
232  
00:08:45,550 --> 00:08:48,150  
甚至是我们今天用的  
  
233  
00:08:48,150 --> 00:08:48,950  
用的也特别多啊  
  
234  
00:08:48,950 --> 00:08:50,620  
比如说放化疗啊  
  
235  
00:08:50,620 --> 00:08:51,780  
我们很多肿瘤患者  
  
236  
00:08:51,780 --> 00:08:53,060  
他在放化疗过程中呢  
  
237  
00:08:53,620 --> 00:08:56,340  
很多时候就会出现这种呕逆的状态  
  
238  
00:08:56,340 --> 00:08:56,780  
对不对啊  
  
239  
00:08:56,900 --> 00:08:57,300  
恶心  
  
240  
00:08:57,580 --> 00:09:00,780  
那么这个时候很多时候，小啊小半夏汤啊  
  
241  
00:09:00,780 --> 00:09:03,420  
在这个时刻就可以切进来啊  
  
242  
00:09:03,740 --> 00:09:04,820  
那么效果非常好  
  
243  
00:09:05,270 --> 00:09:05,470  
呃  
  
244  
00:09:05,590 --> 00:09:08,150  
但是他的眼目大家一定要记住  
  
245  
00:09:08,150 --> 00:09:09,710  
就是我们刚才说的什么问题啊  
  
246  
00:09:11,030 --> 00:09:13,110  
可与不可，是不是那么不可呢  
  
247  
00:09:13,470 --> 00:09:16,070  
我再次的强调，他说的不是不可  
  
248  
00:09:16,070 --> 00:09:17,950  
而是什么心下有知音  
  
249  
00:09:18,260 --> 00:09:20,060  
因此这个其实我们可以拓展啊  
  
250  
00:09:20,380 --> 00:09:21,980  
在临证的时候你不用说  
  
251  
00:09:22,300 --> 00:09:24,120  
非得刻板的说  
  
252  
00:09:24,240 --> 00:09:26,720  
必须跟患者交流，说你渴还是不渴  
  
253  
00:09:27,200 --> 00:09:30,840  
有的时候说实话，患者自己的主观感受是不准确的  
  
254  
00:09:31,660 --> 00:09:33,700  
我个人更注重客观指正  
  
255  
00:09:34,300 --> 00:09:36,340  
就是患者说话  
  
256  
00:09:37,180 --> 00:09:39,340  
我可以尊重你的表达  
  
257  
00:09:39,380 --> 00:09:41,420  
但是我不会被你带跑带走  
  
258  
00:09:41,650 --> 00:09:43,090  
这是我们医生该做的事  
  
259  
00:09:43,210 --> 00:09:45,810  
那么他说不可可能是针对他自己  
  
260  
00:09:46,650 --> 00:09:49,850  
或者他觉得可也是针对他自己，啊  
  
261  
00:09:50,250 --> 00:09:51,810  
这就是小马过河的故事嘛  
  
262  
00:09:51,810 --> 00:09:52,290  
对不对啊  
  
263  
00:09:52,490 --> 00:09:57,390  
那怎么能一眼就判断他到底是渴还是不渴  
  
264  
00:09:58,050 --> 00:09:59,570  
津液伤没伤非常简单  
  
265  
00:09:59,570 --> 00:10:01,370  
伸一下舌头就完了嘛，对吧  
  
266  
00:10:01,370 --> 00:10:02,770  
这个在临床上简单极了  
  
267  
00:10:03,090 --> 00:10:06,290  
伸出来舌头有齿痕或者有水痕  
  
268  
00:10:06,870 --> 00:10:09,550  
或者是一个滑滑的舌头  
  
269  
00:10:09,990 --> 00:10:14,160  
他说他可，那你也可以酌情的应用  
  
270  
00:10:14,400 --> 00:10:16,240  
这就是我们说的这个仰慕啊  
  
271  
00:10:16,640 --> 00:10:16,880  
呃  
  
272  
00:10:17,280 --> 00:10:18,480  
我在这说酌情  
  
273  
00:10:18,560 --> 00:10:19,600  
然后学生们就笑了  
  
274  
00:10:19,600 --> 00:10:22,940  
实际上我在临床上是是是是比较狠的哈  
  
275  
00:10:23,260 --> 00:10:25,620  
这个看见了直接就就下去了啊  
  
276  
00:10:25,700 --> 00:10:26,900  
基本上呃  
  
277  
00:10:27,580 --> 00:10:31,500  
一般来说就就不太跟患者不讲民主啊  
  
278  
00:10:31,980 --> 00:10:33,820  
在我的门诊，我就是严堂哈  
  
279  
00:10:34,340 --> 00:10:36,750  
嗯，问你是不是啊  
  
280  
00:10:36,750 --> 00:10:38,030  
不是不是也这么用啊  
  
281  
00:10:38,030 --> 00:10:38,350  
哈  
  
282  
00:10:38,470 --> 00:10:39,430  
基本就是咽炎疼  
  
283  
00:10:39,710 --> 00:10:40,350  
那为什么  
  
284  
00:10:40,510 --> 00:10:42,990  
因为患者的主观感受还是我说的这句话  
  
285  
00:10:42,990 --> 00:10:44,950  
他往往是一个后知后觉的事  
  
286  
00:10:45,900 --> 00:10:46,740  
但是我们呢  
  
287  
00:10:47,340 --> 00:10:49,990  
并不是说医生嘴大啊  
  
288  
00:10:50,390 --> 00:10:51,630  
而是你本身啊  
  
289  
00:10:51,910 --> 00:10:54,030  
你要具备这个洞察力啊  
  
290  
00:10:54,030 --> 00:10:55,750  
就把这个东西看在前头啊  
  
291  
00:10:55,750 --> 00:10:56,710  
不能看在后头  
  
292  
00:10:57,930 --> 00:10:59,570  
那么这个就是小半夏汤啊  
  
293  
00:10:59,690 --> 00:11:00,730  
他的礼法  
  
294  
00:11:00,770 --> 00:11:03,410  
它的临证应用，我在这都跟大家说完了  
  
295  
00:11:03,690 --> 00:11:05,090  
它的组成呢，非常简单  
  
296  
00:11:05,450 --> 00:11:07,820  
半夏一升，生姜半斤啊  
  
297  
00:11:08,300 --> 00:11:11,100  
那么为少而立专啊  
  
298  
00:11:11,260 --> 00:11:12,140  
为少而立专  
  
299  
00:11:13,230 --> 00:11:15,470  
呃，他的监主也比较简单啊  
  
300  
00:11:15,510 --> 00:11:16,790  
在此不再赘述  
  
301  
00:11:17,150 --> 00:11:19,670  
那么后世有一家有说法啊  
  
302  
00:11:20,030 --> 00:11:20,830  
认为什么呢  
  
303  
00:11:21,230 --> 00:11:22,910  
小半夏汤是以升为用  
  
304  
00:11:23,030 --> 00:11:25,250  
大半夏汤是以降为用啊  
  
305  
00:11:25,250 --> 00:11:25,930  
那么这个呢  
  
306  
00:11:26,170 --> 00:11:29,410  
因为大半夏汤咱们现在还没给大家说啊  
  
307  
00:11:29,770 --> 00:11:31,930  
那么所谓的这个未反之症啊  
  
308  
00:11:31,930 --> 00:11:34,540  
咱还没给大家说，在这先带一下  
  
309  
00:11:34,860 --> 00:11:37,820  
那么我先说一下小白鸭汤为什么以生为用啊  
  
310  
00:11:37,820 --> 00:11:40,860  
怕到最后大家把这个事理解不清楚就过了  
  
311  
00:11:41,140 --> 00:11:42,940  
那么我们说他是不是有诗啊  
  
312  
00:11:43,710 --> 00:11:46,270  
有湿，我们讲地气上为云吧  
  
313  
00:11:46,630 --> 00:11:48,310  
那把湿气让它上去  
  
314  
00:11:48,310 --> 00:11:49,710  
所以这个叫以声为用  
  
315  
00:11:49,980 --> 00:11:51,620  
因为有诗他才怎么样  
  
316  
00:11:51,940 --> 00:11:52,780  
他才不可嘛  
  
317  
00:11:53,060 --> 00:11:53,580  
对不对  
  
318  
00:11:53,920 --> 00:11:54,120  
哎  
  
319  
00:11:54,120 --> 00:11:55,280  
有湿在胃中啊  
  
320  
00:11:55,320 --> 00:11:56,600  
心下有支饮他才不可  
  
321  
00:11:56,880 --> 00:11:59,080  
你等到大半夏汤就是吃啥吐啥  
  
322  
00:11:59,440 --> 00:12:00,240  
这时候怎么办  
  
323  
00:12:00,640 --> 00:12:02,480  
就是要给它降下去啊  
  
324  
00:12:03,030 --> 00:12:05,390  
呃，这种在我们门诊上比较多啊  
  
325  
00:12:05,390 --> 00:12:07,070  
经常有患者是第诊  
  
326  
00:12:07,070 --> 00:12:10,070  
来的时候就是吃啥吐啥的那种状态对吧  
  
327  
00:12:10,190 --> 00:12:10,950  
很多的啊  
  
328  
00:12:13,260 --> 00:12:16,500  
甚至是呃，经常有患者来了之后一看  
  
329  
00:12:17,220 --> 00:12:17,460  
嗯  
  
330  
00:12:18,020 --> 00:12:18,660  
就是这个  
  
331  
00:12:18,660 --> 00:12:21,500  
你看脉象啊，就不行了啊  
  
332  
00:12:21,500 --> 00:12:26,510  
就就就眼瞅着就就这人就呃阴阳离绝之象啊  
  
333  
00:12:26,510 --> 00:12:28,270  
这个在我们这常有啊  
  
334  
00:12:28,310 --> 00:12:29,510  
第诊来了就是这样  
  
335  
00:12:29,710 --> 00:12:32,070  
有的能救过来，有的也救不过来啊  
  
336  
00:12:33,900 --> 00:12:37,220  
呃，往下走那么几焦利黄丸  
  
337  
00:12:38,420 --> 00:12:40,380  
呃，我的这个用的版本呢  
  
338  
00:12:40,940 --> 00:12:45,400  
梅花苯，他的这个史史始祖本啊  
  
339  
00:12:45,400 --> 00:12:46,560  
就是明代的熊容本  
  
340  
00:12:46,560 --> 00:12:48,280  
这个版本我说过好多次  
  
341  
00:12:48,600 --> 00:12:50,600  
并不是最好的本子，对吧  
  
342  
00:12:50,920 --> 00:12:53,560  
那么我这本子里头它不叫几交立黄丸  
  
343  
00:12:53,600 --> 00:12:54,320  
它叫什么呢  
  
344  
00:12:54,950 --> 00:12:56,470  
汤圆的圆是不是啊  
  
345  
00:12:56,470 --> 00:12:57,950  
那古代都是为了避讳嘛  
  
346  
00:12:57,950 --> 00:12:59,230  
它叫几交利黄圆  
  
347  
00:12:59,700 --> 00:13:02,540  
所以这个避讳他也挺挺烦人的啊  
  
348  
00:13:02,540 --> 00:13:03,820  
那你比如说，呃  
  
349  
00:13:04,020 --> 00:13:05,060  
保持到今天呢  
  
350  
00:13:05,380 --> 00:13:06,820  
六味地黄丸就不存在了  
  
351  
00:13:06,820 --> 00:13:08,940  
是不是就叫六味地黄丸  
  
352  
00:13:09,420 --> 00:13:12,180  
你看汤圆，汤圆在古代就是汤丸的意思啊  
  
353  
00:13:12,180 --> 00:13:14,940  
实际上就是一个丸子在汤里煮着吃啊  
  
354  
00:13:15,620 --> 00:13:18,410  
呃，那么元宵节也也刚过啊  
  
355  
00:13:18,610 --> 00:13:20,570  
那大家都好多人都吃过这些东西  
  
356  
00:13:20,890 --> 00:13:24,410  
那么几胶栗黄源，其实就是几焦利黄丸啊  
  
357  
00:13:24,690 --> 00:13:25,650  
它是一个丸剂  
  
358  
00:13:26,380 --> 00:13:28,380  
呃，这个东西为啥用丸剂呢  
  
359  
00:13:28,660 --> 00:13:30,180  
呃，我个人的理解啊  
  
360  
00:13:30,460 --> 00:13:33,380  
原因是因为这个丸子，你别看它的药呢  
  
361  
00:13:33,960 --> 00:13:35,640  
不是他这个药啊  
  
362  
00:13:35,720 --> 00:13:39,280  
四个药防己，川椒对吧  
  
363  
00:13:39,280 --> 00:13:41,760  
胶木实际上就是挺立和带黄  
  
364  
00:13:42,190 --> 00:13:45,390  
并不是像大大几干脆那样吧  
  
365  
00:13:45,390 --> 00:13:46,150  
对吧，那么猛  
  
366  
00:13:46,430 --> 00:13:51,240  
但这个方子下去之后也是非常的催墙倒闭之功啊  
  
367  
00:13:51,240 --> 00:13:53,480  
这个房子放一块，他就很厉害了啊  
  
368  
00:13:53,840 --> 00:13:55,080  
所以在古人的时候  
  
369  
00:13:55,280 --> 00:13:57,720  
凡是特别猛的药，你会观察一个道理啊  
  
370  
00:13:57,720 --> 00:13:59,080  
古人用药不是瞎用的  
  
371  
00:13:59,400 --> 00:14:01,080  
它并不是说这个东西  
  
372  
00:14:01,080 --> 00:14:02,160  
比如说巴豆，对吧  
  
373  
00:14:02,480 --> 00:14:03,640  
我先给你称二斤  
  
374  
00:14:03,640 --> 00:14:05,000  
你吃吃看啊  
  
375  
00:14:05,580 --> 00:14:07,460  
不是那样的，他是怎么样  
  
376  
00:14:07,460 --> 00:14:08,940  
就是方寸壁，对吧  
  
377  
00:14:09,230 --> 00:14:11,070  
为末就一点一点给对吧  
  
378  
00:14:11,150 --> 00:14:13,710  
强人方寸壁垒者减半啊  
  
379  
00:14:13,710 --> 00:14:14,630  
经常是这样的  
  
380  
00:14:14,870 --> 00:14:16,710  
所以这个方呢是丸剂  
  
381  
00:14:16,790 --> 00:14:19,370  
丸剂有一个特征，什么特征啊  
  
382  
00:14:19,570 --> 00:14:21,130  
你特别好控制它的用量  
  
383  
00:14:21,530 --> 00:14:23,250  
你可以一点一点给加量啊  
  
384  
00:14:23,760 --> 00:14:25,080  
那么在这讲一个事  
  
385  
00:14:25,200 --> 00:14:27,160  
什么时候用这个几焦六黄丸呢  
  
386  
00:14:27,160 --> 00:14:28,680  
这个方子我们临床上常用啊  
  
387  
00:14:29,120 --> 00:14:30,200  
特别好的一个方  
  
388  
00:14:31,370 --> 00:14:32,570  
那么说了  
  
389  
00:14:33,690 --> 00:14:34,890  
额，驸满  
  
390  
00:14:36,600 --> 00:14:37,680  
口舌干燥  
  
391  
00:14:39,000 --> 00:14:41,680  
你看是一个这个顽辅啊  
  
392  
00:14:42,000 --> 00:14:44,110  
胀满执政，然后呢  
  
393  
00:14:44,270 --> 00:14:46,030  
口是渴还是不渴呢  
  
394  
00:14:46,470 --> 00:14:47,590  
明显是一个渴的啊  
  
395  
00:14:47,910 --> 00:14:49,990  
口舌干燥，此什么呢  
  
396  
00:14:50,840 --> 00:14:53,740  
叫长间有水汽啊  
  
397  
00:14:53,740 --> 00:14:56,660  
说这个时候呃，肚子里头啊  
  
398  
00:14:56,660 --> 00:14:58,220  
肯定是有水啊  
  
399  
00:14:58,220 --> 00:14:59,220  
有水之后怎么办  
  
400  
00:14:59,540 --> 00:15:02,040  
就挤嚼立黄丸主治，呃  
  
401  
00:15:02,080 --> 00:15:05,840  
那么关于这个腹满口舌干燥  
  
402  
00:15:05,920 --> 00:15:06,800  
我个人啊  
  
403  
00:15:06,880 --> 00:15:08,320  
理解，我个人理解啊  
  
404  
00:15:08,840 --> 00:15:10,520  
比较多见于什么呢  
  
405  
00:15:10,960 --> 00:15:15,640  
比如我们临床上呃比较大家可能也经常见到这个，就是肝癌  
  
406  
00:15:16,310 --> 00:15:18,070  
肝癌会有一个并发症  
  
407  
00:15:18,390 --> 00:15:20,680  
特别多见，肝腹水啊  
  
408  
00:15:20,680 --> 00:15:21,760  
包括肝硬化，对吧  
  
409  
00:15:21,760 --> 00:15:22,920  
都会出现这个问题  
  
410  
00:15:23,320 --> 00:15:24,440  
那么西医呢  
  
411  
00:15:24,480 --> 00:15:25,920  
现代医学有现代医学的办法  
  
412  
00:15:25,920 --> 00:15:28,630  
比如说我们可以下个引流管，对吧  
  
413  
00:15:29,150 --> 00:15:30,550  
但是它也有一个弊端  
  
414  
00:15:30,670 --> 00:15:31,590  
就是引流之后  
  
415  
00:15:31,790 --> 00:15:35,220  
这管是啥时候下是很容易的，拔  
  
416  
00:15:35,260 --> 00:15:36,220  
什么时候拔呢  
  
417  
00:15:37,030 --> 00:15:38,110  
不好论证是吧  
  
418  
00:15:38,310 --> 00:15:40,190  
因为有很多，尤其是一些老年人啊  
  
419  
00:15:40,190 --> 00:15:41,070  
身体本很虚  
  
420  
00:15:41,550 --> 00:15:42,750  
下一回管很遭罪  
  
421  
00:15:43,070 --> 00:15:44,190  
那么你下去之后  
  
422  
00:15:44,830 --> 00:15:46,710  
呃，有可能刚拔  
  
423  
00:15:46,750 --> 00:15:48,150  
我们在临床上不是没见过  
  
424  
00:15:48,270 --> 00:15:50,430  
刚拔了之后水又涨上来了，对吧  
  
425  
00:15:50,710 --> 00:15:52,750  
那时候后来就不得不求助于中医  
  
426  
00:15:53,150 --> 00:15:54,830  
那么咱们中医有很多方法  
  
427  
00:15:54,830 --> 00:15:55,790  
你比如说胸水  
  
428  
00:15:55,830 --> 00:15:58,150  
咱们之前讲的这个湿燥汤是吧  
  
429  
00:15:58,470 --> 00:15:59,750  
那么腹水用什么  
  
430  
00:15:59,750 --> 00:16:01,190  
覆水即胶氯化烷啊  
  
431  
00:16:01,550 --> 00:16:04,120  
这个是一个比较呃正对的一个方  
  
432  
00:16:04,400 --> 00:16:07,400  
那么仲景贤石说它不叫覆水，叫什么  
  
433  
00:16:07,400 --> 00:16:08,160  
此什么呢  
  
434  
00:16:08,790 --> 00:16:10,190  
长兼啊  
  
435  
00:16:10,310 --> 00:16:12,630  
肠间有水气，指的就是腹腔内  
  
436  
00:16:12,910 --> 00:16:15,870  
是不是腹腔内有有有这个水汽  
  
437  
00:16:16,390 --> 00:16:17,150  
这个水气呢  
  
438  
00:16:17,270 --> 00:16:18,990  
水就是水饮啊  
  
439  
00:16:19,110 --> 00:16:20,710  
气呢就是水湿之气啊  
  
440  
00:16:21,790 --> 00:16:25,150  
在这，所以用这个几焦利黄丸主之  
  
441  
00:16:26,860 --> 00:16:30,340  
四味药防己那房己  
  
442  
00:16:30,340 --> 00:16:33,580  
咱们之前给大家曾经讲过啊  
  
443  
00:16:34,140 --> 00:16:37,770  
那么木防己汤，咱们就说说这个问题  
  
444  
00:16:38,770 --> 00:16:40,050  
额，防己呢  
  
445  
00:16:40,090 --> 00:16:43,140  
本身是这个腕儿生的对吧  
  
446  
00:16:43,660 --> 00:16:46,460  
他是这个这个所谓的那个藤蔓植物啊  
  
447  
00:16:47,020 --> 00:16:48,620  
那么古人认为呢  
  
448  
00:16:48,700 --> 00:16:51,140  
他这个本身藤蔓类的东西呢  
  
449  
00:16:51,380 --> 00:16:52,660  
它中中空啊  
  
450  
00:16:52,660 --> 00:16:54,960  
它本身就有这个中通之象  
  
451  
00:16:54,960 --> 00:16:56,000  
就像什么样啊  
  
452  
00:16:56,000 --> 00:16:57,240  
就像大小肠似的啊  
  
453  
00:16:57,440 --> 00:16:58,240  
就这种状态  
  
454  
00:16:58,760 --> 00:16:59,280  
所以呢  
  
455  
00:16:59,320 --> 00:17:00,320  
它就能立水  
  
456  
00:17:00,360 --> 00:17:01,720  
而且能治肠间质水  
  
457  
00:17:02,130 --> 00:17:02,330  
呃  
  
458  
00:17:02,410 --> 00:17:04,130  
那么我之前也跟大家讲过  
  
459  
00:17:04,329 --> 00:17:06,290  
房脊你把它切开对吧  
  
460  
00:17:06,770 --> 00:17:10,290  
断面上啊，断面上它就像车轴那样  
  
461  
00:17:10,609 --> 00:17:12,250  
那么这种形状的东西呢  
  
462  
00:17:12,569 --> 00:17:14,569  
本身都有通气行水的作用  
  
463  
00:17:15,329 --> 00:17:17,130  
比如说电风扇，哈  
  
464  
00:17:17,410 --> 00:17:20,730  
当然这个呃，大家不要过度解释啊  
  
465  
00:17:20,730 --> 00:17:24,800  
或者是曲解我这儿讲电风扇为什么长成这样啊  
  
466  
00:17:24,839 --> 00:17:26,480  
那么有的人可能会笑了  
  
467  
00:17:26,480 --> 00:17:28,290  
说中医太能扯淡了啊  
  
468  
00:17:28,290 --> 00:17:31,090  
其实不是，我说一个事你就明白了  
  
469  
00:17:31,810 --> 00:17:33,290  
电风扇之所以能吹风  
  
470  
00:17:33,890 --> 00:17:36,730  
它也是人类设计出的一个最合理的项  
  
471  
00:17:38,020 --> 00:17:38,860  
也是根据  
  
472  
00:17:39,060 --> 00:17:40,820  
就是你用别的形状它就不好使  
  
473  
00:17:41,100 --> 00:17:42,100  
包括螺旋桨对吧  
  
474  
00:17:42,420 --> 00:17:43,620  
他为什么得是这个形  
  
475  
00:17:43,900 --> 00:17:45,220  
因为你得符合自然  
  
476  
00:17:45,540 --> 00:17:47,860  
人类最终你也不得不向自然低头  
  
477  
00:17:48,090 --> 00:17:49,090  
你别不服啊  
  
478  
00:17:49,130 --> 00:17:50,250  
那你最后你做出这东西  
  
479  
00:17:50,250 --> 00:17:52,650  
你要吹风你也得符合自然之道，对吧  
  
480  
00:17:52,890 --> 00:17:54,370  
那么你能符合自然之道  
  
481  
00:17:54,370 --> 00:17:59,040  
人家大自然里这些东西它就都得是自己任性的长吗  
  
482  
00:17:59,040 --> 00:17:59,600  
那不是吧  
  
483  
00:17:59,920 --> 00:18:02,870  
那么所以房己它本身就是有这个象啊  
  
484  
00:18:02,870 --> 00:18:04,310  
那包括古代的那个车轴  
  
485  
00:18:04,630 --> 00:18:05,910  
你看转的快的东西啊  
  
486  
00:18:05,910 --> 00:18:08,060  
它都有这种像狐臭一样  
  
487  
00:18:08,060 --> 00:18:10,620  
我们讲道德经，萨福公益股对吧  
  
488  
00:18:10,660 --> 00:18:15,460  
当其无有据之用，这种车轱辘的这种这种服凑的状态啊  
  
489  
00:18:15,840 --> 00:18:17,040  
那么这是防脊的特点  
  
490  
00:18:17,080 --> 00:18:17,880  
它能去水  
  
491  
00:18:19,010 --> 00:18:21,890  
呃，胶就是胶木啊  
  
492  
00:18:21,930 --> 00:18:23,730  
这个东西在古代的时候呢  
  
493  
00:18:23,730 --> 00:18:26,050  
实际上它还是比较贵重的  
  
494  
00:18:26,490 --> 00:18:27,770  
呃，在咱们今天  
  
495  
00:18:29,140 --> 00:18:31,500  
呃，就是大家都知道它分很多种  
  
496  
00:18:31,980 --> 00:18:33,820  
川椒，蜀椒啊  
  
497  
00:18:34,020 --> 00:18:36,390  
花椒，还有青花椒很多种啊  
  
498  
00:18:36,430 --> 00:18:37,030  
胡椒  
  
499  
00:18:37,030 --> 00:18:37,950  
黑胡椒，白胡椒  
  
500  
00:18:38,390 --> 00:18:38,590  
呃  
  
501  
00:18:38,590 --> 00:18:40,030  
有一段时间我用的特别多  
  
502  
00:18:40,310 --> 00:18:42,430  
在我的门诊上，呃  
  
503  
00:18:42,550 --> 00:18:46,010  
我还不但进过黑胡椒，还进白胡椒啊  
  
504  
00:18:46,050 --> 00:18:48,250  
这个我学生，他们打方让他们都知道啊  
  
505  
00:18:48,770 --> 00:18:49,730  
最近用的少了  
  
506  
00:18:50,210 --> 00:18:50,410  
呃  
  
507  
00:18:50,450 --> 00:18:55,160  
有一段时间，主要是曾经有一段时间我我门诊的那个那个生父子啊  
  
508  
00:18:55,160 --> 00:18:55,960  
就断货了  
  
509  
00:18:56,320 --> 00:18:57,400  
断货了之后怎么办呢  
  
510  
00:18:57,400 --> 00:18:59,120  
我这个智附子生附子  
  
511  
00:18:59,120 --> 00:19:03,360  
那你虽然是你有的时候没招你也得用是吧  
  
512  
00:19:03,760 --> 00:19:04,800  
但是呃  
  
513  
00:19:04,920 --> 00:19:09,880  
心里头就总觉得咱这个教书先生吧，脑筋比较死啊  
  
514  
00:19:09,880 --> 00:19:12,330  
就总觉着差点，觉得差点怎么办  
  
515  
00:19:12,330 --> 00:19:12,490  
哎  
  
516  
00:19:12,610 --> 00:19:15,690  
最后我拿胡椒给他，哎  
  
517  
00:19:15,810 --> 00:19:17,170  
组了一个方子啊  
  
518  
00:19:17,170 --> 00:19:18,770  
最后做了一个替代  
  
519  
00:19:19,190 --> 00:19:23,250  
那么这个胶呢，在古代的时候是一个很贵重的东西啊  
  
520  
00:19:23,250 --> 00:19:24,690  
它并不是平平常常  
  
521  
00:19:25,050 --> 00:19:27,010  
老百姓你你胡椒对吧  
  
522  
00:19:27,010 --> 00:19:28,650  
想吃可劲儿吃的一个东西  
  
523  
00:19:28,980 --> 00:19:29,660  
呃，很贵重  
  
524  
00:19:30,140 --> 00:19:33,140  
那么焦木呢，讲的就是这个叫粒儿  
  
525  
00:19:33,340 --> 00:19:35,820  
它是像眼睛似的，这个状态是不是  
  
526  
00:19:35,980 --> 00:19:38,180  
而且成熟了之后开个壳  
  
527  
00:19:38,670 --> 00:19:44,650  
古人认为胶木一定要开壳之后才能用啊  
  
528  
00:19:44,650 --> 00:19:47,450  
这是这是这个，这个在鸣别录啊  
  
529  
00:19:47,690 --> 00:19:50,730  
里头就讲过说你要是不开壳  
  
530  
00:19:51,190 --> 00:19:53,270  
那么这个焦木呢，可以杀人啊  
  
531  
00:19:53,270 --> 00:19:56,270  
也就是说说他是能把人弄死的啊  
  
532  
00:19:56,670 --> 00:19:58,790  
那么这个我的理解呢，是这样  
  
533  
00:19:58,790 --> 00:19:59,910  
就是他没成熟啊  
  
534  
00:20:00,190 --> 00:20:03,720  
没成熟之后，他的他的这个阳热之气呢  
  
535  
00:20:03,720 --> 00:20:04,440  
透不出来啊  
  
536  
00:20:04,440 --> 00:20:05,840  
其实就是这么呃  
  
537  
00:20:05,840 --> 00:20:07,080  
没有那么严重啊  
  
538  
00:20:07,280 --> 00:20:08,160  
没有那么严重  
  
539  
00:20:10,000 --> 00:20:13,840  
呃，那么防己穿胶呃  
  
540  
00:20:15,170 --> 00:20:18,210  
停力子，那这个咱们熟悉的不能再熟悉了啊  
  
541  
00:20:18,570 --> 00:20:18,770  
啊  
  
542  
00:20:18,770 --> 00:20:21,410  
非常熟悉的一个药，本身能泻肺  
  
543  
00:20:21,490 --> 00:20:25,250  
咱们之前用的那个挺立大枣泻肺汤去，这个肺中之痰湿  
  
544  
00:20:25,290 --> 00:20:25,650  
对吧  
  
545  
00:20:25,650 --> 00:20:27,370  
气滞带黄  
  
546  
00:20:28,230 --> 00:20:29,790  
那么这个方子我看到之后呢  
  
547  
00:20:29,790 --> 00:20:32,390  
实际上我是非常的亲切啊  
  
548  
00:20:32,470 --> 00:20:33,590  
为啥非常亲切呢  
  
549  
00:20:33,950 --> 00:20:36,550  
这里头其实藏了一张辅行诀的方子  
  
550  
00:20:36,890 --> 00:20:38,450  
大家看清楚没有，哎  
  
551  
00:20:38,450 --> 00:20:41,130  
那么有的同学读不过复兴诀有没赌过的啊  
  
552  
00:20:41,130 --> 00:20:44,880  
我在这呃简单唠扯唠扯，简单介绍介绍啊  
  
553  
00:20:45,920 --> 00:20:47,400  
呃，这个方呢  
  
554  
00:20:47,600 --> 00:20:49,520  
我在以前的时候吧  
  
555  
00:20:50,320 --> 00:20:50,600  
呃  
  
556  
00:20:51,560 --> 00:20:52,760  
不太用啊  
  
557  
00:20:52,840 --> 00:20:54,800  
不太用，为啥不太用呢  
  
558  
00:20:55,280 --> 00:20:55,560  
嗯  
  
559  
00:20:55,770 --> 00:20:57,890  
我这个人啊，有点偏执啊  
  
560  
00:20:58,290 --> 00:21:01,090  
如果是我没理解的东西，你让我应用  
  
561  
00:21:02,060 --> 00:21:03,340  
呃，我是不用的啊  
  
562  
00:21:03,420 --> 00:21:06,420  
就是这个我觉得就是硬往上靠就没劲了  
  
563  
00:21:06,780 --> 00:21:08,300  
所以那时候我是伤寒金贵  
  
564  
00:21:09,060 --> 00:21:10,900  
就是基本上这两本书啊  
  
565  
00:21:11,380 --> 00:21:13,690  
里头方子用，呃  
  
566  
00:21:14,090 --> 00:21:15,050  
但是后来呢  
  
567  
00:21:15,170 --> 00:21:18,690  
机缘巧合，突然间对这个书吧有所感悟  
  
568  
00:21:18,730 --> 00:21:19,890  
有所感悟之后呢  
  
569  
00:21:20,240 --> 00:21:20,440  
呃  
  
570  
00:21:20,440 --> 00:21:24,480  
现在同学们知道我在临床上有的时候，有的时候啊  
  
571  
00:21:24,640 --> 00:21:28,300  
咱们说赶上那个劲儿伤寒金匮方几乎不用啊  
  
572  
00:21:28,540 --> 00:21:31,660  
就是辅英觉得这个各种的方子啊  
  
573  
00:21:31,700 --> 00:21:34,180  
加减补泻组合组合而为啊  
  
574  
00:21:34,460 --> 00:21:35,980  
甚至有的时候用高兴了呢  
  
575  
00:21:36,550 --> 00:21:36,750  
呃  
  
576  
00:21:37,310 --> 00:21:38,470  
我还不用他的原方  
  
577  
00:21:38,870 --> 00:21:39,390  
为啥呀  
  
578  
00:21:39,590 --> 00:21:42,820  
我把里头所有药全换了，都换成别的药啊  
  
579  
00:21:42,820 --> 00:21:45,420  
按照大昌先生的那个组合的方式  
  
580  
00:21:45,790 --> 00:21:47,550  
重新组一张新房子进来啊  
  
581  
00:21:47,870 --> 00:21:49,230  
你看不着辅行诀的药  
  
582  
00:21:49,510 --> 00:21:51,030  
但他用的就是辅行诀的法  
  
583  
00:21:51,030 --> 00:21:52,350  
而且效果非常好啊  
  
584  
00:21:53,020 --> 00:21:53,220  
呃  
  
585  
00:21:53,300 --> 00:21:54,020  
那么这个呢  
  
586  
00:21:54,020 --> 00:21:58,020  
本身实际上它跟伤寒论是千丝万缕的关系  
  
587  
00:21:58,020 --> 00:21:59,780  
我在其中呢，也有一些感悟  
  
588  
00:22:00,300 --> 00:22:00,580  
呃  
  
589  
00:22:00,740 --> 00:22:03,300  
那么在今天呢，就不给大家讲太多啊  
  
590  
00:22:03,300 --> 00:22:04,780  
因为我们毕竟是说金贵  
  
591  
00:22:05,180 --> 00:22:08,140  
这个问题也是一个很热点很争议的问题  
  
592  
00:22:08,140 --> 00:22:11,490  
关于复兴决有很多，呃貌似不可说  
  
593  
00:22:11,530 --> 00:22:14,610  
或者说说了之后容易引起一些争议的事啊  
  
594  
00:22:14,850 --> 00:22:17,130  
在这我不过多的牵扯牵扯他  
  
595  
00:22:17,650 --> 00:22:20,410  
但是在这儿有一个地方大家要注意啊  
  
596  
00:22:21,450 --> 00:22:21,930  
什么地方  
  
597  
00:22:21,930 --> 00:22:23,010  
你看那个带黄亭立  
  
598  
00:22:23,370 --> 00:22:26,550  
如果要是再加上芍药，在辅行诀之中  
  
599  
00:22:26,590 --> 00:22:27,390  
这个方式叫啥  
  
600  
00:22:27,910 --> 00:22:29,420  
叫谢飞腾啊  
  
601  
00:22:29,820 --> 00:22:33,740  
那么在这呢，你我看到之后我是特别特别有感悟啊  
  
602  
00:22:34,220 --> 00:22:35,100  
为什么这么说  
  
603  
00:22:35,930 --> 00:22:37,770  
呃，泻肺汤这个里头啊  
  
604  
00:22:38,090 --> 00:22:41,770  
带黄庭立本身挺立，是泄肺金之气  
  
605  
00:22:42,450 --> 00:22:42,650  
呃  
  
606  
00:22:42,970 --> 00:22:46,620  
那么这个戴黄啊  
  
607  
00:22:47,660 --> 00:22:50,500  
本身有一个推陈致新的作用，对不对啊  
  
608  
00:22:51,100 --> 00:22:52,940  
哎，推陈致新的作用  
  
609  
00:22:53,420 --> 00:22:56,020  
那么赤芍，芍药啊  
  
610  
00:22:56,380 --> 00:22:58,900  
在这儿它起的是什么作用呢  
  
611  
00:22:59,500 --> 00:22:59,700  
呃  
  
612  
00:22:59,780 --> 00:23:01,380  
当然我在用的时候  
  
613  
00:23:01,860 --> 00:23:03,370  
呃，也有变化  
  
614  
00:23:03,450 --> 00:23:05,090  
那我们知道芍药分两种  
  
615  
00:23:05,130 --> 00:23:05,930  
赤白二种吧  
  
616  
00:23:06,450 --> 00:23:06,970  
有赤芍  
  
617  
00:23:06,970 --> 00:23:07,490  
有白芍  
  
618  
00:23:07,970 --> 00:23:08,170  
呃  
  
619  
00:23:08,490 --> 00:23:11,560  
有很多同学问我啊，什么区别  
  
620  
00:23:11,720 --> 00:23:13,840  
我讲伤寒论的时候曾经给大家说过啊  
  
621  
00:23:13,920 --> 00:23:14,680  
那么在这呢  
  
622  
00:23:15,280 --> 00:23:16,960  
呃，可以引申一下啊  
  
623  
00:23:16,960 --> 00:23:19,100  
不妨也给大家做一个补充  
  
624  
00:23:19,740 --> 00:23:21,820  
所谓赤少啊  
  
625  
00:23:23,290 --> 00:23:23,850  
是什么  
  
626  
00:23:24,450 --> 00:23:24,730  
呃  
  
627  
00:23:25,850 --> 00:23:28,410  
传统药行里头是这么说的啊  
  
628  
00:23:28,410 --> 00:23:30,050  
我说的是传统药行的说法  
  
629  
00:23:30,450 --> 00:23:32,210  
所谓赤芍就是野生芍药  
  
630  
00:23:33,140 --> 00:23:34,020  
白芍是什么呢  
  
631  
00:23:34,180 --> 00:23:37,120  
家养人工驯化啊  
  
632  
00:23:37,400 --> 00:23:39,560  
那么这个大家我讲太深了  
  
633  
00:23:39,560 --> 00:23:41,040  
也也也也不行啊  
  
634  
00:23:41,040 --> 00:23:42,240  
那么简单跟大家说啊  
  
635  
00:23:42,240 --> 00:23:43,520  
大家就把它捋清楚了  
  
636  
00:23:43,920 --> 00:23:45,600  
那么这个方子  
  
637  
00:23:45,600 --> 00:23:51,080  
实际上是把辅行诀泻肺方里的芍药去掉了  
  
638  
00:23:51,680 --> 00:23:53,320  
去掉了之后加上什么呢  
  
639  
00:23:54,040 --> 00:23:56,900  
防己和川胶啊  
  
640  
00:23:56,940 --> 00:23:59,300  
我们在这不探讨辅行诀是咋来的  
  
641  
00:23:59,340 --> 00:24:01,860  
包括他跟他谁先谁后是什么关系  
  
642  
00:24:01,860 --> 00:24:03,420  
我们就说他用药的这个法度  
  
643  
00:24:03,950 --> 00:24:06,910  
那么房脊本身能去水，川胶呢  
  
644  
00:24:07,430 --> 00:24:10,030  
它的特点你看它又圆又红  
  
645  
00:24:10,660 --> 00:24:12,700  
籽儿呢是你把它掰开之后是黑色  
  
646  
00:24:13,060 --> 00:24:15,140  
我们说外头红里头黑  
  
647  
00:24:15,180 --> 00:24:16,300  
这是一个什么象啊  
  
648  
00:24:16,780 --> 00:24:19,800  
从八卦之中叫什么  
  
649  
00:24:19,800 --> 00:24:23,520  
外头是阳里头，阴外头两个阳爻里头一个阴爻  
  
650  
00:24:23,520 --> 00:24:25,000  
这不是一个离火之象吗  
  
651  
00:24:25,630 --> 00:24:25,950  
对吧  
  
652  
00:24:26,190 --> 00:24:27,910  
所以有有有争议啊  
  
653  
00:24:27,910 --> 00:24:31,070  
关于鼠胶的作用，有人认为它能引火下行  
  
654  
00:24:32,360 --> 00:24:36,880  
有人认为它能暖这个心肺啊  
  
655  
00:24:37,390 --> 00:24:39,110  
之后我学生也有问我说老师  
  
656  
00:24:39,110 --> 00:24:40,590  
那他俩说的谁对对吧  
  
657  
00:24:41,050 --> 00:24:43,250  
那你你你为什么说有人说引火下行  
  
658  
00:24:43,250 --> 00:24:45,250  
因为挤胶氯黄丸它治的是哪的水啊  
  
659  
00:24:45,610 --> 00:24:46,370  
长江之水  
  
660  
00:24:47,290 --> 00:24:48,890  
但是它暖不暖心火呢  
  
661  
00:24:49,130 --> 00:24:51,810  
那如果不暖心火，乌梅丸为什么要用鼠胶啊  
  
662  
00:24:52,010 --> 00:24:55,390  
是不是这个气上壮心  
  
663  
00:24:55,470 --> 00:24:56,830  
是不是说这个问题  
  
664  
00:24:57,310 --> 00:24:58,790  
所以这两个其实都有啊  
  
665  
00:24:58,870 --> 00:25:00,430  
这两个都有，呃  
  
666  
00:25:00,710 --> 00:25:03,510  
它本身是一个体用兼备的一个东西  
  
667  
00:25:03,870 --> 00:25:05,830  
既在暖了上交的同时  
  
668  
00:25:06,210 --> 00:25:08,290  
那么就把这个薪火降下来啊  
  
669  
00:25:08,570 --> 00:25:10,290  
以问了下缘本身是一个啊  
  
670  
00:25:10,290 --> 00:25:11,250  
这个是拆不开的  
  
671  
00:25:12,330 --> 00:25:12,610  
呃  
  
672  
00:25:14,200 --> 00:25:16,160  
那么去掉少要加这个啊  
  
673  
00:25:17,920 --> 00:25:18,720  
在这呢  
  
674  
00:25:20,690 --> 00:25:21,890  
多一句嘴啊  
  
675  
00:25:22,050 --> 00:25:23,330  
多一句嘴也是有感慨  
  
676  
00:25:23,850 --> 00:25:25,170  
辅行诀，后来呢  
  
677  
00:25:25,210 --> 00:25:26,450  
从公开之后吧  
  
678  
00:25:26,890 --> 00:25:31,640  
那么今天有一部抚琴觉传承集是在学院出版社啊  
  
679  
00:25:31,640 --> 00:25:33,160  
学院出版社出了很多好书  
  
680  
00:25:33,560 --> 00:25:35,040  
那么其中其中这个传承集  
  
681  
00:25:35,040 --> 00:25:38,650  
是把他各本书最后合到了一块  
  
682  
00:25:38,650 --> 00:25:39,650  
儿呃  
  
683  
00:25:39,810 --> 00:25:41,450  
我跟钱老曾经聊过这个事  
  
684  
00:25:41,450 --> 00:25:42,330  
儿啊，钱朝陈老  
  
685  
00:25:42,650 --> 00:25:43,650  
钱老跟我说呀  
  
686  
00:25:44,050 --> 00:25:46,770  
呃，那个时候他去了多少次  
  
687  
00:25:47,530 --> 00:25:49,740  
到河北邢台，对吧  
  
688  
00:25:50,180 --> 00:25:53,940  
呃，这个去去当时呃  
  
689  
00:25:55,360 --> 00:25:59,100  
拜望大昌先生和他的呃，弟子们啊  
  
690  
00:26:00,060 --> 00:26:01,060  
呃啊  
  
691  
00:26:01,060 --> 00:26:03,020  
大昌先生，钱老见不见我不知道啊  
  
692  
00:26:03,020 --> 00:26:05,600  
但是弟子们见了好多，呃  
  
693  
00:26:05,680 --> 00:26:07,160  
钱老一开始去的时候呢  
  
694  
00:26:07,280 --> 00:26:09,200  
好多人不知道他是谁啊  
  
695  
00:26:09,200 --> 00:26:10,760  
以为他是骗子啊  
  
696  
00:26:10,800 --> 00:26:13,120  
之后，呃也碰了一鼻子灰  
  
697  
00:26:13,800 --> 00:26:17,780  
但是钱老后来啊，语重心长的说说这个  
  
698  
00:26:17,860 --> 00:26:22,020  
请大家把这个家里藏的手抄本都拿出来吧  
  
699  
00:26:23,010 --> 00:26:24,210  
你现在不拿出来啊  
  
700  
00:26:24,650 --> 00:26:28,750  
以后若干年之后，这个书能不能留下来就不一定了  
  
701  
00:26:28,870 --> 00:26:30,870  
老爷子也是精诚所至吧  
  
702  
00:26:30,870 --> 00:26:31,830  
最后呃  
  
703  
00:26:31,910 --> 00:26:36,700  
大伙儿也都呃慷慨的把自己家的藏本拿出来  
  
704  
00:26:37,060 --> 00:26:40,480  
那么轩辕出版社有这么一部辅行诀传承集对吧  
  
705  
00:26:40,680 --> 00:26:43,440  
它里头汇聚了十几家本子，我记得是啊  
  
706  
00:26:43,560 --> 00:26:44,080  
特别好  
  
707  
00:26:44,500 --> 00:26:45,620  
当然最经典的呢  
  
708  
00:26:45,620 --> 00:26:49,700  
我个人认为还应该属于1965年范志良抄本啊  
  
709  
00:26:50,100 --> 00:26:51,380  
那个是比较经典的  
  
710  
00:26:51,880 --> 00:26:52,080  
呃  
  
711  
00:26:52,360 --> 00:26:55,200  
但是后来呢，有很多关于辅行诀的一些解读  
  
712  
00:26:55,280 --> 00:26:58,530  
甚至有很多人呢认为抄本有误  
  
713  
00:26:58,610 --> 00:26:59,770  
或者是大山先生呢  
  
714  
00:26:59,770 --> 00:27:01,090  
本身改动了一些啊  
  
715  
00:27:01,370 --> 00:27:05,920  
有很多网络上的一些关于辅行诀破解的一些学说  
  
716  
00:27:06,360 --> 00:27:07,960  
这个咱们不过多评价  
  
717  
00:27:07,960 --> 00:27:09,960  
但是我个人认为啊，呃  
  
718  
00:27:10,320 --> 00:27:12,480  
至少我张驰本人啊  
  
719  
00:27:12,880 --> 00:27:14,120  
我用的辅音穴用法  
  
720  
00:27:14,160 --> 00:27:17,640  
就是大肠先生最开始的那个没改的啊  
  
721  
00:27:18,370 --> 00:27:20,170  
基本上不敢说怎么样吧  
  
722  
00:27:20,170 --> 00:27:21,650  
但是用起来左右逢源啊  
  
723  
00:27:21,730 --> 00:27:22,810  
我觉得效果挺好  
  
724  
00:27:23,130 --> 00:27:24,250  
包括他的那个礼法  
  
725  
00:27:24,750 --> 00:27:26,990  
呃，我也是十几年前接触奉行觉  
  
726  
00:27:26,990 --> 00:27:29,460  
当时看到了那个他那个五角图啊  
  
727  
00:27:29,460 --> 00:27:31,500  
看到他里头底下说一句话啊  
  
728  
00:27:31,820 --> 00:27:33,900  
说学医生的能把这个图搞明白  
  
729  
00:27:33,980 --> 00:27:34,940  
一到B1，哎  
  
730  
00:27:34,940 --> 00:27:37,690  
这种冲击对学医的人那冲击太大了  
  
731  
00:27:37,690 --> 00:27:41,530  
所以我们很多人直接就奔那图去了啊，错了啊  
  
732  
00:27:41,530 --> 00:27:43,290  
不是不是这样的啊，呃  
  
733  
00:27:43,490 --> 00:27:45,250  
本身这个就是呃  
  
734  
00:27:45,700 --> 00:27:46,500  
确实是啊  
  
735  
00:27:46,540 --> 00:27:47,540  
他按他的说法  
  
736  
00:27:47,820 --> 00:27:49,300  
但我觉得这个图理解之后  
  
737  
00:27:49,300 --> 00:27:53,420  
也没有真正的达到所说E到B1吧  
  
738  
00:27:53,420 --> 00:27:55,100  
它只是在五位化合层面吧  
  
739  
00:27:55,100 --> 00:27:59,180  
他这个基本运作方式就明白了，呃一道太大了  
  
740  
00:27:59,660 --> 00:28:01,420  
那么不是这么简简单单  
  
741  
00:28:01,540 --> 00:28:02,740  
那你一个图能明白了  
  
742  
00:28:02,740 --> 00:28:04,420  
你一道就结束了啊  
  
743  
00:28:04,420 --> 00:28:05,420  
这个，嗯  
  
744  
00:28:05,420 --> 00:28:07,340  
是一个美好的愿景啊，呃  
  
745  
00:28:07,500 --> 00:28:11,490  
实际上不是那样啊你你真明白了也不至于，呃  
  
746  
00:28:11,810 --> 00:28:14,290  
当然当然你你那时候用药会很自由啊  
  
747  
00:28:14,290 --> 00:28:17,070  
你可以任何的去去变化啊  
  
748  
00:28:17,070 --> 00:28:19,030  
我学生经常在我门诊上看，诶  
  
749  
00:28:19,430 --> 00:28:20,950  
老师这个笔头子一逛呢  
  
750  
00:28:20,950 --> 00:28:21,110  
啊  
  
751  
00:28:21,550 --> 00:28:25,090  
这个可能又有点出点偏招是吧  
  
752  
00:28:25,530 --> 00:28:28,130  
哎，有时候桂枝汤一看你开的就是桂枝汤  
  
753  
00:28:28,130 --> 00:28:29,690  
但里头没有桂枝汤的药啊  
  
754  
00:28:30,010 --> 00:28:30,970  
这方子就变了  
  
755  
00:28:30,970 --> 00:28:32,090  
整个法就变了  
  
756  
00:28:33,590 --> 00:28:35,310  
但是但是他的原则不变啊  
  
757  
00:28:35,310 --> 00:28:36,310  
我们说原则不变  
  
758  
00:28:37,270 --> 00:28:38,150  
那么这里头呢  
  
759  
00:28:38,430 --> 00:28:40,970  
呃，提到辅行诀的用法啊  
  
760  
00:28:41,090 --> 00:28:43,730  
那我们说说芍药在辅行诀之中  
  
761  
00:28:44,330 --> 00:28:46,690  
中间这么讲，他有五味的那个界定  
  
762  
00:28:47,130 --> 00:28:48,130  
胃酸皆属金  
  
763  
00:28:48,210 --> 00:28:48,850  
五味为之  
  
764  
00:28:48,850 --> 00:28:51,050  
主指石为木  
  
765  
00:28:51,090 --> 00:28:51,690  
尺为火  
  
766  
00:28:51,850 --> 00:28:53,210  
芍药为土，属于为水  
  
767  
00:28:53,250 --> 00:28:56,380  
你看了这个之后你就很很惊叹，为什么  
  
768  
00:28:56,380 --> 00:28:59,660  
因为芍药大昌先生认为是金中之土  
  
769  
00:29:00,270 --> 00:29:00,750  
是不是  
  
770  
00:29:00,830 --> 00:29:01,030  
诶  
  
771  
00:29:01,150 --> 00:29:02,190  
正好在这儿搁着呢  
  
772  
00:29:02,190 --> 00:29:02,950  
那么泻肺啊  
  
773  
00:29:02,950 --> 00:29:04,950  
你不在金中你怎么能入肺呢  
  
774  
00:29:05,230 --> 00:29:05,550  
是吧  
  
775  
00:29:05,670 --> 00:29:07,450  
而且他又主土啊  
  
776  
00:29:07,450 --> 00:29:07,970  
又出土  
  
777  
00:29:08,330 --> 00:29:11,670  
那么呃，金跟土本身有子母关系  
  
778  
00:29:11,950 --> 00:29:13,630  
而且它又能疏泄啊  
  
779  
00:29:13,630 --> 00:29:16,350  
起到疏泄作用，酸苦涌泄之味  
  
780  
00:29:16,910 --> 00:29:19,350  
额，那么可以不防啊  
  
781  
00:29:19,350 --> 00:29:23,260  
大家可以把金匮和辅行诀一些方子  
  
782  
00:29:23,260 --> 00:29:24,420  
你可以互参啊  
  
783  
00:29:24,700 --> 00:29:26,140  
可能能看出很多东西来  
  
784  
00:29:26,700 --> 00:29:27,660  
那么这个方子呢  
  
785  
00:29:28,580 --> 00:29:31,180  
四味药末之就是把它研成末  
  
786  
00:29:31,180 --> 00:29:31,980  
研成末之后呢  
  
787  
00:29:31,980 --> 00:29:34,500  
用蜜为丸，如梧桐子大  
  
788  
00:29:35,310 --> 00:29:36,550  
呃，梧桐子多大呢  
  
789  
00:29:36,870 --> 00:29:37,590  
给大家说过  
  
790  
00:29:37,590 --> 00:29:40,510  
就跟我们今天用那个水丸差不多，能有很多同学  
  
791  
00:29:40,510 --> 00:29:42,410  
我一说之后，他就他说不对  
  
792  
00:29:42,410 --> 00:29:44,530  
老师，我们那梧桐子那么大个儿啊  
  
793  
00:29:44,530 --> 00:29:46,730  
我说你说那个是法国梧桐啊  
  
794  
00:29:47,240 --> 00:29:48,000  
五对吧  
  
795  
00:29:48,240 --> 00:29:51,180  
那个法国梧桐，我们今天叫什么叫炮筒啊  
  
796  
00:29:51,260 --> 00:29:52,740  
我们中国那个梧桐呢  
  
797  
00:29:53,020 --> 00:29:54,140  
它生长年限很慢  
  
798  
00:29:54,180 --> 00:29:54,820  
密度很大  
  
799  
00:29:55,180 --> 00:29:56,940  
相传相传啊  
  
800  
00:29:57,420 --> 00:30:00,930  
这个上古有一个神鸟叫凤凰，对吧  
  
801  
00:30:01,210 --> 00:30:02,210  
它出门之后呢  
  
802  
00:30:02,650 --> 00:30:04,250  
它只落在梧桐树上  
  
803  
00:30:04,980 --> 00:30:05,220  
哎  
  
804  
00:30:05,260 --> 00:30:06,580  
他不什么东西都吃啊  
  
805  
00:30:07,060 --> 00:30:08,260  
这个凤凰不食素  
  
806  
00:30:08,380 --> 00:30:12,140  
所食为狼，天安能与群鸡次醋争一餐  
  
807  
00:30:12,580 --> 00:30:15,280  
那么这这地方他一撒嘛啊  
  
808  
00:30:15,320 --> 00:30:16,920  
一看要是没有梧桐树  
  
809  
00:30:17,540 --> 00:30:19,100  
得咱爷们儿转身回去了  
  
810  
00:30:19,100 --> 00:30:19,540  
哈哈  
  
811  
00:30:19,860 --> 00:30:20,940  
都都都不往上落  
  
812  
00:30:21,220 --> 00:30:23,750  
那么这个说的是我们中国的梧桐  
  
813  
00:30:23,830 --> 00:30:25,110  
那个梧桐籽儿小啊  
  
814  
00:30:25,310 --> 00:30:27,390  
就是跟我们今天那个那个水丸那么大  
  
815  
00:30:27,870 --> 00:30:29,860  
呃呃，这个你还真别不服  
  
816  
00:30:29,860 --> 00:30:31,460  
不信你回去看看乌梅丸啊  
  
817  
00:30:31,740 --> 00:30:34,460  
乌梅丸就是说吧，是不是梧桐如梧桐子大  
  
818  
00:30:35,260 --> 00:30:36,460  
然后有同学跟我掰扯这个  
  
819  
00:30:36,460 --> 00:30:36,860  
我跟他讲  
  
820  
00:30:36,860 --> 00:30:40,700  
我说那你你你看看那像六味地黄丸那么大个，说怎么办  
  
821  
00:30:41,020 --> 00:30:43,500  
先服十丸，你先吃十个  
  
822  
00:30:44,710 --> 00:30:46,590  
然后呢，日三服一天30碗  
  
823  
00:30:46,790 --> 00:30:48,430  
那你一天30碗这么大个  
  
824  
00:30:48,950 --> 00:30:49,950  
而且乌梅丸呢  
  
825  
00:30:49,950 --> 00:30:51,110  
同学们，你们吃过吗  
  
826  
00:30:51,470 --> 00:30:52,030  
知道吗  
  
827  
00:30:52,650 --> 00:30:53,450  
哎，要命啊  
  
828  
00:30:53,450 --> 00:30:54,130  
我跟你讲啊  
  
829  
00:30:54,690 --> 00:30:58,620  
那最后那个回虫就不是被药杀死的了啊  
  
830  
00:30:58,700 --> 00:31:00,580  
他就是怎么样就急死了啊  
  
831  
00:31:00,820 --> 00:31:02,620  
就回虫就被压死了  
  
832  
00:31:02,660 --> 00:31:05,380  
就哎，那你吃啥玩意都能弄死他  
  
833  
00:31:05,380 --> 00:31:07,060  
我跟你讲啊  
  
834  
00:31:08,130 --> 00:31:10,570  
所以这个就是就是小丸啊，呃  
  
835  
00:31:11,450 --> 00:31:15,150  
那么这么大点的丸子，先食饮服一丸  
  
836  
00:31:15,150 --> 00:31:16,110  
这个极其重要  
  
837  
00:31:16,110 --> 00:31:17,350  
有很多时候同学们说说  
  
838  
00:31:17,350 --> 00:31:20,350  
老师你这个方子用完之后呢  
  
839  
00:31:20,350 --> 00:31:23,200  
我们发现这不像古人说的那么好使啊  
  
840  
00:31:23,720 --> 00:31:27,330  
那有可能你没按古人方法用长间水汽  
  
841  
00:31:27,370 --> 00:31:28,530  
你注意这个问题啊  
  
842  
00:31:29,010 --> 00:31:29,850  
注意这个问题  
  
843  
00:31:31,010 --> 00:31:34,750  
长间水汽是上交还是下焦，一定是下焦  
  
844  
00:31:35,070 --> 00:31:37,470  
这个在这我就再次给大家重申一下  
  
845  
00:31:37,470 --> 00:31:39,630  
那么同学们就以后都不要问我了  
  
846  
00:31:39,630 --> 00:31:42,550  
包括我们在座的一些室友同仁，呃  
  
847  
00:31:42,940 --> 00:31:44,980  
所谓患者，经常有时候问我们一个问题  
  
848  
00:31:44,980 --> 00:31:45,180  
大夫  
  
849  
00:31:45,180 --> 00:31:46,220  
我这药该咋吃  
  
850  
00:31:46,820 --> 00:31:47,140  
对吧  
  
851  
00:31:47,420 --> 00:31:48,260  
经常有问题吧  
  
852  
00:31:48,260 --> 00:31:50,940  
就是我这药什么时候吃，饭前还是饭后  
  
853  
00:31:51,940 --> 00:31:53,620  
那没有饭中吃的啊  
  
854  
00:31:54,020 --> 00:31:55,460  
就是柿子炒鸡蛋就来了  
  
855  
00:31:55,460 --> 00:31:56,100  
这个来不了  
  
856  
00:31:56,300 --> 00:31:57,660  
不是饭前就是饭后对吧  
  
857  
00:31:58,280 --> 00:32:00,200  
那么饭前饭后什么区别  
  
858  
00:32:00,320 --> 00:32:02,080  
这个不是我张弛说的啊  
  
859  
00:32:02,520 --> 00:32:04,960  
也不是我们教材规定的对吧  
  
860  
00:32:05,490 --> 00:32:07,130  
源自于神农本草经  
  
861  
00:32:07,330 --> 00:32:08,610  
人家说的非常清楚  
  
862  
00:32:08,930 --> 00:32:11,250  
那么如果病灶在下焦  
  
863  
00:32:11,800 --> 00:32:14,120  
该饭前还是饭后，你琢磨你就明白了  
  
864  
00:32:15,000 --> 00:32:16,600  
那么一定是饭前吃对不对  
  
865  
00:32:17,000 --> 00:32:18,320  
病灶在上焦  
  
866  
00:32:18,880 --> 00:32:21,400  
那么该饭前吃还是饭后吃啊  
  
867  
00:32:21,920 --> 00:32:23,540  
一定是饭后  
  
868  
00:32:23,830 --> 00:32:24,510  
至于为什么  
  
869  
00:32:24,590 --> 00:32:26,310  
那么古人的想法非常简单  
  
870  
00:32:26,550 --> 00:32:27,990  
它是一个取向的作用吗  
  
871  
00:32:28,310 --> 00:32:30,030  
那么如果你病危在下焦  
  
872  
00:32:30,310 --> 00:32:32,190  
你先吃了饭，你再喝药  
  
873  
00:32:32,560 --> 00:32:33,880  
饭在中间隔着吧  
  
874  
00:32:35,610 --> 00:32:38,450  
虽然貌似从现代科学啊  
  
875  
00:32:38,610 --> 00:32:40,680  
可能不太好解释啊  
  
876  
00:32:40,880 --> 00:32:42,960  
这个我我我我我是这么理解啊  
  
877  
00:32:42,960 --> 00:32:46,440  
现代科学有的时候看我们中医一些事，他觉着不可思议  
  
878  
00:32:46,440 --> 00:32:46,840  
为什么  
  
879  
00:32:46,840 --> 00:32:49,800  
你比如说我们说那个犀牛角  
  
880  
00:32:50,720 --> 00:32:52,200  
从现代药理学上来讲  
  
881  
00:32:53,790 --> 00:32:56,030  
那所谓犀牛角  
  
882  
00:32:57,970 --> 00:33:00,930  
那么跟人的指甲盖成分是一样的呀  
  
883  
00:33:01,940 --> 00:33:05,460  
那你犀角地黄汤你就直接改成指甲地黄汤不就完了吗  
  
884  
00:33:06,140 --> 00:33:08,820  
但问题你那么用效果不行啊，是不是啊  
  
885  
00:33:09,540 --> 00:33:13,100  
哎呃，我们同仁堂的老师在座对吧  
  
886  
00:33:13,420 --> 00:33:14,260  
那就最值得  
  
887  
00:33:14,500 --> 00:33:17,700  
当然我们同仁堂现在不让用西药啊，就说这个事  
  
888  
00:33:18,260 --> 00:33:18,540  
呃  
  
889  
00:33:19,250 --> 00:33:26,100  
那么犀牛角确实是这个清热的力量非常强啊呃我  
  
890  
00:33:26,140 --> 00:33:28,380  
我的那个朋友啊  
  
891  
00:33:28,500 --> 00:33:32,250  
之前呃，在朝鲜啊  
  
892  
00:33:32,750 --> 00:33:34,390  
买了这个朝鲜的安宫牛黄丸  
  
893  
00:33:34,390 --> 00:33:36,070  
但是现在据说有有假的  
  
894  
00:33:36,470 --> 00:33:38,630  
但一开始的时候我说这话得10年前  
  
895  
00:33:38,630 --> 00:33:40,680  
那时候还保真，呃  
  
896  
00:33:41,000 --> 00:33:41,840  
效果真好  
  
897  
00:33:42,520 --> 00:33:45,240  
这个就是我的朋友建勋老师，呃  
  
898  
00:33:45,840 --> 00:33:48,270  
他的师傅孔曾科老师啊  
  
899  
00:33:48,750 --> 00:33:50,550  
弥留之际，那么是高热不退  
  
900  
00:33:50,950 --> 00:33:53,110  
用咱们当时这个这个呃  
  
901  
00:33:54,200 --> 00:33:55,920  
国内的啊，公牛黄啊  
  
902  
00:33:56,240 --> 00:33:58,740  
三玩下去就就就没有效  
  
903  
00:33:58,740 --> 00:34:01,420  
都是最好的安宫牛黄金箔包的不行  
  
904  
00:34:01,820 --> 00:34:04,060  
最后这个朝鲜那一丸定乾坤  
  
905  
00:34:04,340 --> 00:34:05,260  
我们就说这个道理  
  
906  
00:34:05,340 --> 00:34:09,070  
所以你成分一样，不见得药理是相同的啊  
  
907  
00:34:09,190 --> 00:34:10,429  
它，它这是两回事  
  
908  
00:34:11,110 --> 00:34:11,350  
呃  
  
909  
00:34:11,590 --> 00:34:14,110  
那么同样啊  
  
910  
00:34:14,110 --> 00:34:16,590  
就是你，你别看是先饮食还是后饮食  
  
911  
00:34:16,949 --> 00:34:18,909  
你看似都是搅和到一块了，对吧  
  
912  
00:34:18,909 --> 00:34:20,590  
你隔个半小时不一样  
  
913  
00:34:20,590 --> 00:34:21,590  
我们中医认为啊  
  
914  
00:34:22,030 --> 00:34:24,310  
那这个就像是我再给你解释一个事  
  
915  
00:34:24,310 --> 00:34:25,989  
儿，我再给你解释一个事  
  
916  
00:34:26,150 --> 00:34:26,989  
那盖浇饭  
  
917  
00:34:27,929 --> 00:34:30,810  
把菜浇底下和把菜盖上头  
  
918  
00:34:31,290 --> 00:34:33,889  
你的感官和食欲能一样吗  
  
919  
00:34:35,270 --> 00:34:36,310  
包括四川冒菜  
  
920  
00:34:36,310 --> 00:34:37,870  
我们就讲这个成都的，对吧  
  
921  
00:34:38,210 --> 00:34:39,290  
你别跟我犟这个事  
  
922  
00:34:39,290 --> 00:34:39,449  
儿  
  
923  
00:34:39,449 --> 00:34:41,889  
我们讲很多东西其实不能用科学  
  
924  
00:34:42,090 --> 00:34:43,850  
完全刻板的去解释这个问题  
  
925  
00:34:43,850 --> 00:34:44,210  
对吧  
  
926  
00:34:44,520 --> 00:34:44,679  
唉  
  
927  
00:34:44,679 --> 00:34:47,679  
所以你就知道这个说先食饮服一丸  
  
928  
00:34:47,760 --> 00:34:49,560  
说明病灶在上还是在下呢  
  
929  
00:34:49,960 --> 00:34:52,239  
那一定是在下，然后日怎么办  
  
930  
00:34:52,239 --> 00:34:53,000  
注意这个事啊  
  
931  
00:34:53,280 --> 00:34:56,280  
三伏每天三次，当然有人说啊  
  
932  
00:34:56,560 --> 00:34:58,120  
这个三也是多次的意思  
  
933  
00:34:58,120 --> 00:34:59,880  
但我一般来说，呃  
  
934  
00:35:00,330 --> 00:35:02,490  
主妇患者，那你就就就这个  
  
935  
00:35:02,990 --> 00:35:03,190  
呃  
  
936  
00:35:03,190 --> 00:35:03,910  
别着急啊  
  
937  
00:35:03,910 --> 00:35:04,950  
就就慢慢来啊  
  
938  
00:35:05,630 --> 00:35:07,350  
但是你注意一个事，儿叫什么呢  
  
939  
00:35:08,030 --> 00:35:10,480  
渐增，渐增是啥意思啊  
  
940  
00:35:10,720 --> 00:35:12,400  
一点点加在临床上  
  
941  
00:35:12,400 --> 00:35:14,280  
我们很多药都是这么用的啊  
  
942  
00:35:14,800 --> 00:35:15,000  
呃  
  
943  
00:35:15,280 --> 00:35:19,050  
那么我学生他们有的时候感触特别深，呃  
  
944  
00:35:19,130 --> 00:35:20,890  
我在临床上经常用一些猛药啊  
  
945  
00:35:21,530 --> 00:35:21,810  
呃  
  
946  
00:35:22,910 --> 00:35:25,930  
那么所谓甘遂大戟，对吧  
  
947  
00:35:26,290 --> 00:35:27,530  
哎，巴豆等啊  
  
948  
00:35:28,090 --> 00:35:30,010  
这个马前子是吧  
  
949  
00:35:30,010 --> 00:35:31,470  
包括乌头啊  
  
950  
00:35:31,470 --> 00:35:34,470  
我最近有一患者，我这乌头还在给它往上涨量呢啊  
  
951  
00:35:34,990 --> 00:35:35,390  
嗯哼  
  
952  
00:35:35,710 --> 00:35:40,090  
那么这这个状态，它实际上不是一下子涌上去的啊  
  
953  
00:35:40,250 --> 00:35:41,530  
不是一下子用上去的  
  
954  
00:35:41,690 --> 00:35:44,450  
那你说30颗乌头，你一听吓不吓人是吧  
  
955  
00:35:44,760 --> 00:35:44,960  
唉  
  
956  
00:35:44,960 --> 00:35:45,560  
挺吓人  
  
957  
00:35:45,680 --> 00:35:49,160  
但是说你，你不是一下就30个你  
  
958  
00:35:49,240 --> 00:35:50,320  
你你用狠了呀  
  
959  
00:35:50,320 --> 00:35:52,880  
你别说一下，30克13克都能吃死人  
  
960  
00:35:53,360 --> 00:35:54,160  
有报道啊  
  
961  
00:35:54,160 --> 00:35:56,010  
这个有铃声报道15克啊  
  
962  
00:35:56,010 --> 00:35:57,330  
当然咱严谨一点，对吧  
  
963  
00:35:57,650 --> 00:35:58,650  
15克致死的  
  
964  
00:35:59,050 --> 00:36:00,810  
那么它是一点一点来的啊  
  
965  
00:36:02,010 --> 00:36:05,010  
1.1点增加口中有津液，呃  
  
966  
00:36:05,210 --> 00:36:08,250  
渴者呢，加芒硝两半啊  
  
967  
00:36:08,610 --> 00:36:10,610  
半两呃  
  
968  
00:36:12,780 --> 00:36:14,540  
那么吃完之后，由于水汽啊  
  
969  
00:36:14,620 --> 00:36:16,020  
他说为什么说口中有津液  
  
970  
00:36:16,020 --> 00:36:18,540  
这个其实是说是一个向好的状态啊  
  
971  
00:36:18,940 --> 00:36:20,900  
如果你吃完了几焦立黄丸  
  
972  
00:36:21,290 --> 00:36:22,690  
口中的唾液增加了  
  
973  
00:36:23,090 --> 00:36:24,770  
这个是一个好转的状态  
  
974  
00:36:25,250 --> 00:36:28,170  
为什么一开始这个人是啥样的  
  
975  
00:36:29,210 --> 00:36:31,610  
口干舌燥啊  
  
976  
00:36:31,610 --> 00:36:32,490  
口舌干燥啊  
  
977  
00:36:32,770 --> 00:36:34,090  
口舌干燥是这个状态吧  
  
978  
00:36:34,490 --> 00:36:37,290  
口舌干燥说明肠间水气不能气化  
  
979  
00:36:37,290 --> 00:36:39,860  
上上乘于舌，对不对啊  
  
980  
00:36:40,260 --> 00:36:41,740  
那么你药下去之后好使了  
  
981  
00:36:42,340 --> 00:36:44,380  
他不是说把水打下去这么简单啊  
  
982  
00:36:44,700 --> 00:36:47,060  
而是让水能上来能气化  
  
983  
00:36:47,470 --> 00:36:48,550  
这个大家要注意  
  
984  
00:36:48,870 --> 00:36:52,950  
那么用很多猛药，它都是要有度以知为度啊  
  
985  
00:36:52,950 --> 00:36:56,990  
它并不是说我们呼伦个的就是也不辨别也不怎么样  
  
986  
00:36:56,990 --> 00:36:57,790  
就是玩命的用  
  
987  
00:36:57,790 --> 00:36:58,710  
不是那个概念啊  
  
988  
00:36:59,910 --> 00:37:01,970  
呃，渴者怎么办  
  
989  
00:37:02,050 --> 00:37:02,850  
如果还口渴  
  
990  
00:37:02,930 --> 00:37:04,650  
口渴加芒硝加芒硝  
  
991  
00:37:04,970 --> 00:37:06,450  
为什么我个人理解啊  
  
992  
00:37:06,730 --> 00:37:10,050  
使他得快力，就让他下的通透  
  
993  
00:37:10,770 --> 00:37:11,490  
下的通透  
  
994  
00:37:12,530 --> 00:37:12,810  
呃  
  
995  
00:37:14,590 --> 00:37:15,550  
半两芒硝啊  
  
996  
00:37:17,070 --> 00:37:18,030  
那么讲到这呢  
  
997  
00:37:18,230 --> 00:37:18,430  
呃  
  
998  
00:37:18,750 --> 00:37:21,590  
上次课啊，这个木房几那一节  
  
999  
00:37:22,070 --> 00:37:24,670  
当时呢，我也是根据我自己的经验啊  
  
1000  
00:37:24,670 --> 00:37:25,990  
包括参考了很多资料  
  
1001  
00:37:26,410 --> 00:37:28,570  
呃，给大家讲的这个这个事  
  
1002  
00:37:29,170 --> 00:37:30,170  
呃，后来呢  
  
1003  
00:37:30,330 --> 00:37:33,090  
我还专门求证于朱建勋老师啊  
  
1004  
00:37:33,090 --> 00:37:37,930  
朱建勋老师给我非常系统的讲了一下，防己这个职务  
  
1005  
00:37:38,370 --> 00:37:38,970  
在这呢  
  
1006  
00:37:38,970 --> 00:37:41,290  
因为今天我们课程内容不是那么多啊  
  
1007  
00:37:41,570 --> 00:37:44,290  
所以能跟大家这个聊聊，闲白儿啊  
  
1008  
00:37:44,770 --> 00:37:46,250  
那么把这个房己的事呢  
  
1009  
00:37:46,410 --> 00:37:50,550  
关于建群老师的比较权威的这个解读给大家说一说啊  
  
1010  
00:37:50,550 --> 00:37:51,670  
三言两语就说完  
  
1011  
00:37:52,070 --> 00:37:52,870  
说完之后呢  
  
1012  
00:37:53,350 --> 00:37:55,910  
呃，那么健身老师说这肯定是比较准确的  
  
1013  
00:37:55,910 --> 00:37:59,040  
从药用植物学，从根源上了这回到根上了  
  
1014  
00:37:59,160 --> 00:37:59,840  
以正视听  
  
1015  
00:38:00,240 --> 00:38:02,920  
那么关于我之前讲的方，坊间传本  
  
1016  
00:38:02,920 --> 00:38:04,640  
包括我们很多医家的理解啊  
  
1017  
00:38:04,640 --> 00:38:05,760  
这是我们一家的理解  
  
1018  
00:38:06,020 --> 00:38:08,260  
和这个药用植物学专家理解呢  
  
1019  
00:38:08,260 --> 00:38:09,780  
两种版本我都放在这  
  
1020  
00:38:09,780 --> 00:38:12,070  
我不给你做过多的评论  
  
1021  
00:38:12,390 --> 00:38:14,590  
但是供大家参考吧，对吧  
  
1022  
00:38:15,070 --> 00:38:16,150  
那么关于房几呢  
  
1023  
00:38:16,150 --> 00:38:18,430  
分两种啊，这个是是没错的啊  
  
1024  
00:38:19,420 --> 00:38:22,820  
那么一个叫粉防己，一个叫汉防己  
  
1025  
00:38:23,500 --> 00:38:25,140  
那么所谓的那个  
  
1026  
00:38:26,770 --> 00:38:28,090  
这个粉防己呢  
  
1027  
00:38:28,090 --> 00:38:29,890  
首先说一个问题啊，呃  
  
1028  
00:38:29,970 --> 00:38:32,490  
它属于草制的藤茎  
  
1029  
00:38:33,580 --> 00:38:35,900  
那么汉房脊也就是广防己啊  
  
1030  
00:38:36,380 --> 00:38:40,500  
它是木制的，这个藤本植物它俩不一样啊  
  
1031  
00:38:40,540 --> 00:38:42,660  
一个是草制的，草制的是粉黄鸡  
  
1032  
00:38:43,100 --> 00:38:43,300  
呃  
  
1033  
00:38:43,380 --> 00:38:44,540  
汉防己，广防己呢  
  
1034  
00:38:44,540 --> 00:38:45,580  
属于木质的啊  
  
1035  
00:38:46,420 --> 00:38:47,140  
科不一样  
  
1036  
00:38:47,860 --> 00:38:51,020  
那么这个粉房脊呢，是仿几科  
  
1037  
00:38:51,910 --> 00:38:53,950  
而这个汉防己广防己呢  
  
1038  
00:38:53,950 --> 00:38:56,470  
属于兜陵科，这个就敏感了  
  
1039  
00:38:56,470 --> 00:38:57,390  
我一说兜铃科  
  
1040  
00:38:57,750 --> 00:39:01,470  
那么现在有很多人讲这个肾毒性，马兜铃对吧  
  
1041  
00:39:02,130 --> 00:39:05,690  
但是为什么有会有这么多房挤出来啊  
  
1042  
00:39:05,690 --> 00:39:06,730  
而且用的比较乱  
  
1043  
00:39:07,450 --> 00:39:07,650  
呃  
  
1044  
00:39:07,650 --> 00:39:10,410  
这个建勋老师给我从根源上捋了一下  
  
1045  
00:39:11,290 --> 00:39:12,290  
实际上啊  
  
1046  
00:39:13,220 --> 00:39:18,380  
这个东西在原始上无论是粉防己还是刚才说的汉汉广  
  
1047  
00:39:18,620 --> 00:39:19,580  
汉房基，广防己  
  
1048  
00:39:19,580 --> 00:39:20,740  
它是一类啊  
  
1049  
00:39:21,410 --> 00:39:22,490  
都叫一个名  
  
1050  
00:39:23,320 --> 00:39:25,920  
这个就是要不说术业有专攻  
  
1051  
00:39:25,960 --> 00:39:27,480  
专业的事，专业的人干啊  
  
1052  
00:39:27,760 --> 00:39:30,240  
我给朱老师一沟通，我就整明白了  
  
1053  
00:39:30,680 --> 00:39:34,150  
这两种方剂都叫木方剂  
  
1054  
00:39:34,740 --> 00:39:35,820  
这回大家明白了吧  
  
1055  
00:39:36,100 --> 00:39:39,820  
所以以后同学们就不用再疑惑为什么木房几汤  
  
1056  
00:39:39,820 --> 00:39:41,180  
它到底是哪个方几啊  
  
1057  
00:39:41,180 --> 00:39:44,770  
房管房几，粉那个汉方脊还是粉防己  
  
1058  
00:39:44,770 --> 00:39:48,050  
这回就到这了啊，到头了都叫木方肌  
  
1059  
00:39:48,410 --> 00:39:52,060  
而且为什么叫木方剂，这个就好玩了  
  
1060  
00:39:52,420 --> 00:39:54,460  
因为它中间有一个东西  
  
1061  
00:39:54,460 --> 00:39:56,780  
这个你记下叫车轮纹  
  
1062  
00:39:59,280 --> 00:40:03,200  
不管是咱们说草制的那个那个藤茎对吧  
  
1063  
00:40:03,760 --> 00:40:05,640  
还是木制的那个那个那个  
  
1064  
00:40:06,230 --> 00:40:08,910  
藤本植物都有一种纹路  
  
1065  
00:40:09,350 --> 00:40:10,190  
叫车轮纹  
  
1066  
00:40:10,630 --> 00:40:14,270  
这也是给他鉴定为木防己的依据  
  
1067  
00:40:14,850 --> 00:40:18,810  
那么这个车轮纹用他们的药用植物学专用术语叫什么  
  
1068  
00:40:18,810 --> 00:40:22,490  
叫裂隙就裂开的缝隙，诶  
  
1069  
00:40:23,330 --> 00:40:27,770  
那么这种带有车轮纹的裂隙通称什么木方体，就像木头一样  
  
1070  
00:40:27,770 --> 00:40:31,950  
是不是那么又分为粉防己和汉防己广防剂  
  
1071  
00:40:31,950 --> 00:40:34,150  
当然建群老师在讲的时候就很细了啊  
  
1072  
00:40:34,430 --> 00:40:37,710  
就说他就给我讲说粉房鸡主产于哪儿哪儿  
  
1073  
00:40:37,710 --> 00:40:39,350  
然后汉方及粉房脊产于那  
  
1074  
00:40:39,540 --> 00:40:40,860  
不好意思，我没记住啊  
  
1075  
00:40:41,140 --> 00:40:42,300  
我记多了，我就乱了  
  
1076  
00:40:42,580 --> 00:40:44,300  
所以在这我就给大家讲清楚  
  
1077  
00:40:44,490 --> 00:40:45,770  
那么这回大家就明白了  
  
1078  
00:40:45,770 --> 00:40:46,570  
正本清源啊  
  
1079  
00:40:46,570 --> 00:40:48,170  
它叫叫木方剂是不是啊  
  
1080  
00:40:48,290 --> 00:40:49,890  
当然我们说的是药用植物学  
  
1081  
00:40:49,890 --> 00:40:53,570  
我之前说的呢，也是参考了很多医家的见解啊  
  
1082  
00:40:53,570 --> 00:40:55,930  
当然这个各有可能是各有侧重  
  
1083  
00:40:57,020 --> 00:41:00,260  
呃，那么木防己汤就说明用哪个都行啊  
  
1084  
00:41:00,540 --> 00:41:05,070  
但是大家要，毕竟在当代的这个这个诊疗环境啊  
  
1085  
00:41:05,070 --> 00:41:09,410  
我们还是尽量的规避一些呃可以规避的风险啊  
  
1086  
00:41:09,530 --> 00:41:12,010  
比如说肾毒性的这个问题注意一下  
  
1087  
00:41:13,490 --> 00:41:16,770  
那么在这呢，呃几焦氯黄丸给大家也就说完了  
  
1088  
00:41:17,410 --> 00:41:19,010  
我们看一下下一张方  
  
1089  
00:41:20,560 --> 00:41:21,720  
小半夏加茯苓汤  
  
1090  
00:41:22,800 --> 00:41:25,440  
那么承接于小半夏汤啊  
  
1091  
00:41:25,810 --> 00:41:29,330  
它实际就是小半夏汤加加一个药是不是加茯苓  
  
1092  
00:41:29,610 --> 00:41:32,770  
那么小半夏汤大家还记得是藕加什么样呢  
  
1093  
00:41:33,450 --> 00:41:34,410  
不可是不是啊  
  
1094  
00:41:34,450 --> 00:41:35,450  
这是它的主要特征  
  
1095  
00:41:35,890 --> 00:41:38,130  
那么这个有没有偶啊  
  
1096  
00:41:39,360 --> 00:41:39,760  
有吧  
  
1097  
00:41:40,280 --> 00:41:40,760  
不但呕  
  
1098  
00:41:40,760 --> 00:41:42,760  
而且膝下痞，渴不渴呢  
  
1099  
00:41:43,690 --> 00:41:44,690  
他没说渴不渴  
  
1100  
00:41:45,130 --> 00:41:45,810  
没说渴不渴  
  
1101  
00:41:45,850 --> 00:41:47,770  
其实就是有可能，可有可能不渴  
  
1102  
00:41:48,010 --> 00:41:49,370  
但他说了一个事，很要命  
  
1103  
00:41:49,810 --> 00:41:50,370  
什么事呢  
  
1104  
00:41:51,210 --> 00:41:54,010  
旋即旋即什么意思  
  
1105  
00:41:54,250 --> 00:41:55,170  
旋就是头晕  
  
1106  
00:41:55,800 --> 00:41:56,520  
忌是什么啊  
  
1107  
00:41:56,960 --> 00:41:57,360  
心慌  
  
1108  
00:41:58,080 --> 00:42:01,280  
那么我们但凡读过伤寒论的同学就知道  
  
1109  
00:42:01,640 --> 00:42:04,870  
旋即是对，所谓临桂猪肝汤也好  
  
1110  
00:42:04,870 --> 00:42:05,710  
还是真武也罢  
  
1111  
00:42:05,750 --> 00:42:06,750  
高度概括对吧  
  
1112  
00:42:07,470 --> 00:42:10,540  
诶，灵桂猪肝里头有头晕吧  
  
1113  
00:42:11,060 --> 00:42:12,300  
起则头眩脉沉紧  
  
1114  
00:42:12,780 --> 00:42:13,420  
发汗则动  
  
1115  
00:42:13,420 --> 00:42:14,500  
经身为振振摇，对吧  
  
1116  
00:42:15,020 --> 00:42:15,220  
哎  
  
1117  
00:42:15,420 --> 00:42:16,700  
那么真武汤是不是也有啊  
  
1118  
00:42:17,020 --> 00:42:18,180  
振振欲辟地是不是啊  
  
1119  
00:42:18,180 --> 00:42:19,420  
我们讲讲讲这个道理呀  
  
1120  
00:42:19,420 --> 00:42:21,340  
头悬伸轮动，振振欲辟地  
  
1121  
00:42:21,800 --> 00:42:22,000  
呃  
  
1122  
00:42:22,360 --> 00:42:24,160  
那么就是说明有水  
  
1123  
00:42:24,160 --> 00:42:27,080  
那么在小半夏汤的前提下，有水哪有水  
  
1124  
00:42:27,080 --> 00:42:28,600  
他告诉你这个叫隔间有水  
  
1125  
00:42:28,880 --> 00:42:30,770  
是不是在胸膈之间啊  
  
1126  
00:42:31,050 --> 00:42:32,410  
那么就会造成头晕  
  
1127  
00:42:32,610 --> 00:42:34,050  
造成造成心慌  
  
1128  
00:42:34,570 --> 00:42:36,770  
因为水迫于胸膈嘛  
  
1129  
00:42:37,580 --> 00:42:38,380  
这个时候怎么办  
  
1130  
00:42:38,380 --> 00:42:39,140  
加零啊  
  
1131  
00:42:39,140 --> 00:42:41,940  
这个定式定法在这就不再赘述了  
  
1132  
00:42:41,940 --> 00:42:46,820  
那么已经在小班牙烫给大家讲的很很很确切了啊  
  
1133  
00:42:48,080 --> 00:42:49,000  
好，接着往下看  
  
1134  
00:42:49,400 --> 00:42:50,600  
那么下头还有啊  
  
1135  
00:42:51,530 --> 00:42:53,890  
这个五苓散五苓散咱熟得不得了了吧  
  
1136  
00:42:54,250 --> 00:42:55,650  
但在这有一个妙用啊  
  
1137  
00:42:55,650 --> 00:42:56,410  
什么妙用呢  
  
1138  
00:42:57,130 --> 00:42:58,930  
兽人旗下记  
  
1139  
00:42:59,730 --> 00:43:01,850  
那么这个人平时就吃不胖对吧  
  
1140  
00:43:02,250 --> 00:43:03,810  
那么旗下有悸动之感  
  
1141  
00:43:04,410 --> 00:43:05,810  
吐涎沫而癫痫  
  
1142  
00:43:06,660 --> 00:43:07,700  
那么就说明一个问题  
  
1143  
00:43:08,340 --> 00:43:09,460  
特别瘦的人  
  
1144  
00:43:10,060 --> 00:43:13,640  
如果突然之间发羊癫疯啊羊角峰  
  
1145  
00:43:14,160 --> 00:43:17,800  
你就观察一下它小肚子底下有没有跳动感  
  
1146  
00:43:18,320 --> 00:43:22,990  
如果有，你就不要去给他想各种办法啦  
  
1147  
00:43:23,070 --> 00:43:25,950  
这个抗癫痫抗癫痫药有可能都不好使  
  
1148  
00:43:26,420 --> 00:43:27,780  
呃，那么用什么用五苓散  
  
1149  
00:43:28,140 --> 00:43:29,540  
这个叫叫什么  
  
1150  
00:43:29,820 --> 00:43:32,500  
就是所谓的水饮引起来的  
  
1151  
00:43:33,300 --> 00:43:35,680  
这个癫痫啊  
  
1152  
00:43:35,800 --> 00:43:36,440  
癫痫之症  
  
1153  
00:43:38,280 --> 00:43:42,100  
那么吐涎沫啊，在这两种解释一种呢  
  
1154  
00:43:42,100 --> 00:43:44,020  
刚才我讲这个这个羊角峰是吧  
  
1155  
00:43:44,260 --> 00:43:44,460  
哎  
  
1156  
00:43:44,460 --> 00:43:45,100  
抽搐之象  
  
1157  
00:43:45,100 --> 00:43:46,060  
那么哎  
  
1158  
00:43:46,100 --> 00:43:48,560  
这种因为有水汽，还有一种呢  
  
1159  
00:43:48,920 --> 00:43:52,000  
那么也可以作为什么叫多拓啊  
  
1160  
00:43:52,040 --> 00:43:54,160  
多贤拓啊这种情况  
  
1161  
00:43:54,720 --> 00:43:56,920  
那么原理其实很简单  
  
1162  
00:43:57,120 --> 00:43:58,400  
兽人本身就脾虚  
  
1163  
00:43:58,960 --> 00:44:03,510  
脾虚之后脐下季是什么水气乘脾之象啊  
  
1164  
00:44:03,510 --> 00:44:05,030  
其实就这么一个简单的事  
  
1165  
00:44:05,860 --> 00:44:07,260  
呃，就是有水啊  
  
1166  
00:44:07,780 --> 00:44:10,260  
有很多时候我们不能把很多病  
  
1167  
00:44:11,140 --> 00:44:13,640  
把它思维方式把他禁锢住  
  
1168  
00:44:14,280 --> 00:44:15,280  
更不能什么呢  
  
1169  
00:44:15,680 --> 00:44:19,360  
就用很多现代医学的理论跟中医的理论  
  
1170  
00:44:19,360 --> 00:44:20,720  
你把它整夹上了啊  
  
1171  
00:44:20,720 --> 00:44:21,640  
非得往一块整  
  
1172  
00:44:21,920 --> 00:44:22,560  
这就不行  
  
1173  
00:44:22,680 --> 00:44:26,140  
像我，昨天我有个学生问我说老师说他爸爸呢  
  
1174  
00:44:26,180 --> 00:44:27,860  
那个中风后遗症有足内翻  
  
1175  
00:44:28,220 --> 00:44:29,780  
说他用了活血药也不好用  
  
1176  
00:44:30,340 --> 00:44:32,540  
我当时就问了句他一句话，我说卖啥样  
  
1177  
00:44:32,540 --> 00:44:33,900  
哎呦，他说老师我没看麦  
  
1178  
00:44:35,240 --> 00:44:37,240  
呃，其实我心里啊有点不好受  
  
1179  
00:44:37,320 --> 00:44:38,280  
为什么这么讲呢  
  
1180  
00:44:38,280 --> 00:44:41,880  
就是我们这个这学生我我还算是教过吧  
  
1181  
00:44:42,160 --> 00:44:46,190  
就这种感觉，就是我们中医的下一代人啊  
  
1182  
00:44:46,270 --> 00:44:47,750  
其实是你们这些青年中医  
  
1183  
00:44:48,190 --> 00:44:49,950  
你们不能最后不看脉啊  
  
1184  
00:44:50,340 --> 00:44:51,180  
就说这个道理  
  
1185  
00:44:51,460 --> 00:44:54,260  
就是现在中医有的时候被被老百姓诟病  
  
1186  
00:44:54,260 --> 00:44:57,980  
说说去了中医院之后让我们一顿一顿拍片子是吧  
  
1187  
00:44:58,380 --> 00:45:00,060  
然后也不摸脉就完事儿了  
  
1188  
00:45:00,540 --> 00:45:01,140  
为什么  
  
1189  
00:45:01,610 --> 00:45:05,050  
就是现在我们出现这种这个国家啊  
  
1190  
00:45:05,090 --> 00:45:06,970  
这个随着传统文化的复兴啊  
  
1191  
00:45:06,970 --> 00:45:08,210  
毕竟没有全面复兴  
  
1192  
00:45:09,190 --> 00:45:11,710  
从老百姓，老百姓有这个情绪很正常  
  
1193  
00:45:12,150 --> 00:45:13,830  
当医生最后也被带跑偏了  
  
1194  
00:45:13,990 --> 00:45:15,790  
就觉得好像老外那个东西吧  
  
1195  
00:45:16,190 --> 00:45:16,790  
它就很好  
  
1196  
00:45:17,150 --> 00:45:19,630  
我们中医这个看脉这东西好像就过时了  
  
1197  
00:45:20,550 --> 00:45:22,350  
恰恰就这个麦最有用啊  
  
1198  
00:45:22,350 --> 00:45:26,990  
同学们，你不看这个你你你你知道他脑袋有梗塞啊  
  
1199  
00:45:26,990 --> 00:45:29,350  
你按西医去理解它这里头是不是有血栓呢  
  
1200  
00:45:29,550 --> 00:45:30,790  
有血栓是不是有淤血啊  
  
1201  
00:45:30,790 --> 00:45:34,350  
你给他用活血药，最后风马牛不相及你知道吗  
  
1202  
00:45:34,780 --> 00:45:35,820  
风马牛不相及  
  
1203  
00:45:36,220 --> 00:45:38,140  
你中医的灵魂在于  
  
1204  
00:45:38,440 --> 00:45:40,240  
你要看他这个个体对不对啊  
  
1205  
00:45:40,240 --> 00:45:41,360  
那你一定得看脉呀  
  
1206  
00:45:41,600 --> 00:45:43,960  
你看脉有可能你发现这个不是一个淤血症  
  
1207  
00:45:44,200 --> 00:45:45,040  
他是个痰症  
  
1208  
00:45:45,570 --> 00:45:47,570  
你得知道他患者想干什么  
  
1209  
00:45:48,530 --> 00:45:52,390  
各从所欲而调和其阴阳，对吧  
  
1210  
00:45:52,750 --> 00:45:54,150  
尽调其不败而就之  
  
1211  
00:45:54,430 --> 00:45:56,110  
你得知道他想干什么  
  
1212  
00:45:56,270 --> 00:45:58,230  
就像我，我我做市场  
  
1213  
00:45:58,230 --> 00:45:58,950  
我做营销  
  
1214  
00:45:58,950 --> 00:46:00,030  
咱们讲这个道理啊  
  
1215  
00:46:00,030 --> 00:46:00,910  
打一个比方啊  
  
1216  
00:46:01,510 --> 00:46:04,710  
那么我不能根据我自己做什么去做营销  
  
1217  
00:46:05,420 --> 00:46:07,540  
我得根据什么市场需要什么  
  
1218  
00:46:07,900 --> 00:46:09,620  
这个简单的道理大家都懂  
  
1219  
00:46:09,740 --> 00:46:11,660  
为什么到了中医上就不懂了呢  
  
1220  
00:46:13,000 --> 00:46:14,760  
你等于没看患者想吃什么药  
  
1221  
00:46:14,760 --> 00:46:15,680  
你硬给他喂药  
  
1222  
00:46:16,040 --> 00:46:17,240  
我说这个事是吧  
  
1223  
00:46:17,910 --> 00:46:18,110  
哎  
  
1224  
00:46:18,310 --> 00:46:19,830  
干了这杯抵当汤是吧  
  
1225  
00:46:20,550 --> 00:46:20,750  
哎  
  
1226  
00:46:20,910 --> 00:46:22,710  
你就你就没想没想过患者  
  
1227  
00:46:22,710 --> 00:46:25,310  
这时候他想喝的是二陈汤，对吧  
  
1228  
00:46:25,830 --> 00:46:27,230  
你根据西医的片子  
  
1229  
00:46:27,230 --> 00:46:29,630  
你你就把我把我把我给判断了  
  
1230  
00:46:29,630 --> 00:46:30,350  
然后我还中风  
  
1231  
00:46:30,350 --> 00:46:32,680  
我还说不出来话，对吧  
  
1232  
00:46:34,080 --> 00:46:35,040  
这都不人道啊  
  
1233  
00:46:35,040 --> 00:46:36,240  
我们讲这个道理啊  
  
1234  
00:46:38,060 --> 00:46:38,260  
呃  
  
1235  
00:46:38,340 --> 00:46:39,860  
那么就就就就就此为止  
  
1236  
00:46:39,860 --> 00:46:41,180  
那为啥说到这个案例  
  
1237  
00:46:41,180 --> 00:46:44,220  
突然间那个想起一个一个患者啊  
  
1238  
00:46:44,220 --> 00:46:46,260  
我之前在老东梅医院的时候  
  
1239  
00:46:46,260 --> 00:46:48,620  
这个是老多年前的患者了啊呃  
  
1240  
00:46:49,060 --> 00:46:52,680  
有一次这个买水果啊  
  
1241  
00:46:52,720 --> 00:46:54,570  
去看望一个老人家，呃  
  
1242  
00:46:55,410 --> 00:46:56,850  
老就是我们老传统啊  
  
1243  
00:46:56,850 --> 00:46:58,410  
在东门新村那院里的时候  
  
1244  
00:46:58,410 --> 00:47:00,250  
当时我们在那个中岩后市  
  
1245  
00:47:00,250 --> 00:47:02,050  
当时有个小孩啊，呃  
  
1246  
00:47:02,300 --> 00:47:05,500  
我是买水果的时候听旁边两个女人呢  
  
1247  
00:47:05,540 --> 00:47:07,500  
去探望一个发烧的孩子  
  
1248  
00:47:08,470 --> 00:47:09,670  
我听他俩聊天啊  
  
1249  
00:47:09,710 --> 00:47:10,590  
越聊越不对  
  
1250  
00:47:11,730 --> 00:47:13,210  
这个发烧绝对是个伤寒  
  
1251  
00:47:13,250 --> 00:47:16,770  
而且在儿科疗区久治不愈啊  
  
1252  
00:47:17,530 --> 00:47:18,210  
之后呢  
  
1253  
00:47:19,650 --> 00:47:21,930  
我就哎呀，抓心挠肝  
  
1254  
00:47:21,930 --> 00:47:24,890  
因为我们医生有个行规叫医不叩门  
  
1255  
00:47:26,020 --> 00:47:27,180  
急死你了啊  
  
1256  
00:47:27,540 --> 00:47:29,540  
说这个还买西瓜去呢  
  
1257  
00:47:29,540 --> 00:47:30,100  
你想想  
  
1258  
00:47:31,120 --> 00:47:32,640  
发高烧伤寒症啊  
  
1259  
00:47:32,640 --> 00:47:33,720  
就是一个一个麻黄  
  
1260  
00:47:33,720 --> 00:47:35,400  
就是小青龙那种感觉啊  
  
1261  
00:47:36,400 --> 00:47:38,060  
最后我想算了吧  
  
1262  
00:47:38,060 --> 00:47:41,820  
我说如果有什么不好的后果冲我来吧  
  
1263  
00:47:41,820 --> 00:47:43,700  
我说这个我实在忍不下去了  
  
1264  
00:47:43,700 --> 00:47:44,460  
我打断我说  
  
1265  
00:47:44,460 --> 00:47:45,620  
哎，二位大姐  
  
1266  
00:47:46,160 --> 00:47:48,600  
我说那个我说暂停啊  
  
1267  
00:47:48,600 --> 00:47:50,080  
我说这个孩子不能吃西瓜  
  
1268  
00:47:50,970 --> 00:47:53,450  
我说12345，你们看是不是  
  
1269  
00:47:53,450 --> 00:47:55,730  
是的话用中成药123  
  
1270  
00:47:55,730 --> 00:47:58,540  
我给你画个道就完事了  
  
1271  
00:47:58,700 --> 00:48:04,260  
之后我非常歉意的看了看卖水果的大姐啊  
  
1272  
00:48:05,190 --> 00:48:06,790  
不好意思啊  
  
1273  
00:48:06,830 --> 00:48:07,630  
这非常歉意  
  
1274  
00:48:07,630 --> 00:48:08,550  
但是没办法啊  
  
1275  
00:48:09,070 --> 00:48:11,430  
这时候我我替你把西瓜钱付了都行啊  
  
1276  
00:48:11,750 --> 00:48:12,830  
就这种这种感觉  
  
1277  
00:48:12,990 --> 00:48:14,510  
这事过后我就忘了  
  
1278  
00:48:15,420 --> 00:48:17,140  
后来我们这来了一个小孩  
  
1279  
00:48:17,660 --> 00:48:20,180  
这个卖水果大姐的孩子癫痫  
  
1280  
00:48:21,750 --> 00:48:23,310  
故事的后来是这样发展的  
  
1281  
00:48:23,310 --> 00:48:24,910  
这个孩子到了辽区  
  
1282  
00:48:25,430 --> 00:48:29,030  
他们居然哎，那时候十多年前门民风淳朴啊  
  
1283  
00:48:29,550 --> 00:48:30,110  
零几年  
  
1284  
00:48:30,230 --> 00:48:32,390  
007年，008年的事啊  
  
1285  
00:48:32,750 --> 00:48:34,550  
大概那个时候民风淳朴  
  
1286  
00:48:34,990 --> 00:48:38,300  
然后居然就真是给他按我的那个用了药  
  
1287  
00:48:38,780 --> 00:48:40,380  
不到三天，孩子出院了  
  
1288  
00:48:41,140 --> 00:48:41,660  
非常快  
  
1289  
00:48:42,140 --> 00:48:45,330  
之后再回去之后这这这一家  
  
1290  
00:48:45,330 --> 00:48:47,330  
人家去人家水果店  
  
1291  
00:48:47,330 --> 00:48:48,930  
感谢这个卖水果的大姐  
  
1292  
00:48:50,410 --> 00:48:54,050  
然后呢，当然可能是不是拎水果去的啊  
  
1293  
00:48:54,420 --> 00:48:55,740  
就是感谢人去了  
  
1294  
00:48:55,740 --> 00:48:59,540  
去了之后，这个卖水果的大姐知知道我我是在哪啊  
  
1295  
00:48:59,540 --> 00:49:01,910  
就是因为我们那一片，这个红旗街  
  
1296  
00:49:01,990 --> 00:49:04,870  
那一片公共大陆不大啊，就是呃  
  
1297  
00:49:05,350 --> 00:49:06,830  
结果就跟他说说这个大夫  
  
1298  
00:49:07,230 --> 00:49:10,510  
这个多谢他这个这个算是搭救之恩吧  
  
1299  
00:49:10,550 --> 00:49:11,950  
说说说说这样啊  
  
1300  
00:49:12,350 --> 00:49:14,070  
呃，我们也不知道咋感谢的  
  
1301  
00:49:14,070 --> 00:49:15,990  
有机会你你替我谢，表达一下  
  
1302  
00:49:16,390 --> 00:49:18,270  
就这大姐儿子就是癫痫  
  
1303  
00:49:18,870 --> 00:49:19,710  
癫痫之后呢  
  
1304  
00:49:20,700 --> 00:49:23,660  
呃，当时已经约了要去北京做手术  
  
1305  
00:49:24,660 --> 00:49:25,060  
呃  
  
1306  
00:49:26,710 --> 00:49:31,350  
然后他父亲带他来的一家人因不就过这孩子吗  
  
1307  
00:49:31,350 --> 00:49:33,110  
说白了心情很沉重  
  
1308  
00:49:33,750 --> 00:49:35,070  
呃，说北京手术吧  
  
1309  
00:49:35,070 --> 00:49:37,270  
告诉他们说手术也不一定能行  
  
1310  
00:49:38,320 --> 00:49:42,640  
甚至有些可能会引发一些那个后遗症，也有可能要开颅  
  
1311  
00:49:43,430 --> 00:49:45,390  
呃，之后我说这样啊  
  
1312  
00:49:45,390 --> 00:49:48,150  
我跟他爸商量，我说那你病也不是一天病的对不对  
  
1313  
00:49:48,750 --> 00:49:50,430  
你这样你给我两个月时间  
  
1314  
00:49:52,060 --> 00:49:52,300  
啊  
  
1315  
00:49:53,140 --> 00:49:55,140  
如果这两个月我能有效  
  
1316  
00:49:55,970 --> 00:49:56,930  
那好也不是一天好  
  
1317  
00:49:56,930 --> 00:49:57,970  
坏也不是一天坏的嘛  
  
1318  
00:49:57,970 --> 00:49:58,210  
对吧  
  
1319  
00:49:58,490 --> 00:50:00,610  
咱们坚持坚持，也许可能不用动刀  
  
1320  
00:50:01,290 --> 00:50:03,850  
后来事情的发展一个月搞定啊  
  
1321  
00:50:04,570 --> 00:50:05,530  
用的啥方子呢  
  
1322  
00:50:06,090 --> 00:50:08,330  
我那时候连癫痫是什么我都不知道  
  
1323  
00:50:09,130 --> 00:50:11,650  
我用的就是平平常常平脉辨证，对吧  
  
1324  
00:50:12,240 --> 00:50:13,720  
所以说明一个问题啊  
  
1325  
00:50:13,720 --> 00:50:15,080  
那我突然间讲到这  
  
1326  
00:50:15,080 --> 00:50:17,080  
我想起来以前的一段往事啊  
  
1327  
00:50:17,400 --> 00:50:20,780  
那么给大家说分享这么一个道理  
  
1328  
00:50:21,030 --> 00:50:23,430  
我们中医治病，你不要戴有色眼镜啊  
  
1329  
00:50:23,590 --> 00:50:26,710  
你说非得说认为哪个病在西医是什么  
  
1330  
00:50:26,710 --> 00:50:27,550  
在中医是什么  
  
1331  
00:50:27,830 --> 00:50:29,510  
要那么弄中医就完了啊  
  
1332  
00:50:29,990 --> 00:50:30,750  
那么这个呢  
  
1333  
00:50:31,230 --> 00:50:35,950  
呃，给大家简单说说下头有一个方子叫外台茯苓饮  
  
1334  
00:50:36,230 --> 00:50:37,590  
这个是辅方啊  
  
1335  
00:50:37,970 --> 00:50:41,170  
当然我说过很多金贵的复方呢  
  
1336  
00:50:41,530 --> 00:50:42,650  
是好方子啊  
  
1337  
00:50:42,650 --> 00:50:45,520  
都是很妙的，这个辅方呢  
  
1338  
00:50:46,200 --> 00:50:47,880  
呃，他说这么一个问题  
  
1339  
00:50:48,720 --> 00:50:53,780  
心胸中有停痰素水自吐  
  
1340  
00:50:53,780 --> 00:50:56,080  
出水后，心胸兼虚  
  
1341  
00:50:56,240 --> 00:50:57,040  
气满不能食  
  
1342  
00:50:57,920 --> 00:50:59,000  
消痰气另能食  
  
1343  
00:50:59,280 --> 00:51:03,280  
那么这个方子在我们今天临床用的非常少  
  
1344  
00:51:04,200 --> 00:51:04,400  
呃  
  
1345  
00:51:04,880 --> 00:51:05,840  
但是我个人认为啊  
  
1346  
00:51:05,840 --> 00:51:07,480  
这个方实际上很有作为的  
  
1347  
00:51:07,480 --> 00:51:09,200  
我在临床上有的时候也会用它啊  
  
1348  
00:51:09,580 --> 00:51:11,580  
当然我开的时候如果我不给我学生讲  
  
1349  
00:51:11,580 --> 00:51:13,980  
学生看不出来为啥这个方法非常简单  
  
1350  
00:51:13,980 --> 00:51:14,900  
你仔细看啊  
  
1351  
00:51:15,200 --> 00:51:20,310  
就是四君子汤去掉甘草加谁举止姜是吧  
  
1352  
00:51:20,910 --> 00:51:23,310  
哎，四君子去甘草加居然为什么要去甘草  
  
1353  
00:51:23,310 --> 00:51:24,790  
因为中间有停痰素水嘛  
  
1354  
00:51:25,150 --> 00:51:25,870  
甘则缓之  
  
1355  
00:51:26,270 --> 00:51:27,390  
那么这个方能干啥  
  
1356  
00:51:28,190 --> 00:51:29,950  
我们讲之前是不是有胸壁啊  
  
1357  
00:51:30,350 --> 00:51:31,870  
胸壁是不是那个那个  
  
1358  
00:51:31,870 --> 00:51:34,860  
如果胸中痞塞，呃气色短气  
  
1359  
00:51:35,260 --> 00:51:36,660  
你举止汤姜汤可以用  
  
1360  
00:51:37,020 --> 00:51:38,620  
茯苓杏仁，甘草汤也可以用啊  
  
1361  
00:51:38,820 --> 00:51:41,540  
那么如果这人外加有气虚呢  
  
1362  
00:51:42,020 --> 00:51:43,860  
那是不是可以四君子去甘草啊  
  
1363  
00:51:44,340 --> 00:51:46,940  
那么这个所以比较脾虚的时候  
  
1364  
00:51:47,550 --> 00:51:48,710  
如果既有脾虚  
  
1365  
00:51:49,310 --> 00:51:51,830  
这个脾是太阴不生嘛  
  
1366  
00:51:51,830 --> 00:51:52,110  
对吧  
  
1367  
00:51:52,510 --> 00:51:54,430  
又有阳明不降  
  
1368  
00:51:54,430 --> 00:51:57,150  
那么陈皮枳实和生姜能够速降吗  
  
1369  
00:51:57,390 --> 00:51:58,070  
那么你就用  
  
1370  
00:51:58,390 --> 00:52:01,680  
所以它是一个非常小但是又非常巧的  
  
1371  
00:52:02,040 --> 00:52:04,120  
既能开太阴又能降阳明的房子  
  
1372  
00:52:04,120 --> 00:52:05,120  
这回你会用了吧  
  
1373  
00:52:05,550 --> 00:52:07,470  
那么跟他意思比较接近的你  
  
1374  
00:52:07,470 --> 00:52:08,950  
比如说白虎加人参汤  
  
1375  
00:52:09,150 --> 00:52:11,150  
我认为既能降阳明又能开太阴  
  
1376  
00:52:11,990 --> 00:52:13,550  
但那个是从气氛对不对  
  
1377  
00:52:13,830 --> 00:52:17,670  
那我们这是从那个元气和速食的亭台素食的角度  
  
1378  
00:52:17,870 --> 00:52:19,630  
那比如说藿香正气散  
  
1379  
00:52:20,600 --> 00:52:21,640  
非常经典的吧  
  
1380  
00:52:21,840 --> 00:52:23,480  
包括二陈汤都行  
  
1381  
00:52:23,480 --> 00:52:27,360  
那么这个我认为是也跟也跟二辰是一类啊  
  
1382  
00:52:27,360 --> 00:52:28,160  
二辰类方吧  
  
1383  
00:52:28,160 --> 00:52:29,080  
算算式吧  
  
1384  
00:52:29,890 --> 00:52:31,170  
临床上好用一小房子  
  
1385  
00:52:31,570 --> 00:52:32,290  
呃，讲到这儿呢  
  
1386  
00:52:32,290 --> 00:52:34,210  
我们先休息10分钟啊  
  
1387  
00:52:34,750 --> 00:52:35,510  
下堂课呢  
  
1388  
00:52:35,510 --> 00:52:40,110  
我们就把这个临桂五味甘草汤类方给大家说，说好下课